AMADRIA PARK
HOTEL MILENIJ

WELLNESS & SPA

MILENIJ

AMADRIA PARK



Hotel Milenij
Spa collection

Along the Opatija coastline, the Mediterranean has preserved its natural treasures for centuries – mineral-rich algae, salt that revitalizes the skin, and aromatic herbs that restore balance and vitality.

At Hotel Milenij, we have created a space where every treatment is inspired by the richness of nature, bringing harmony to body, mind, and spirit.

Inspired by the scents and colours of the Mediterranean, our treatments offer a sense of complete harmony – where every touch tells a story, and every moment is devoted entirely to you.

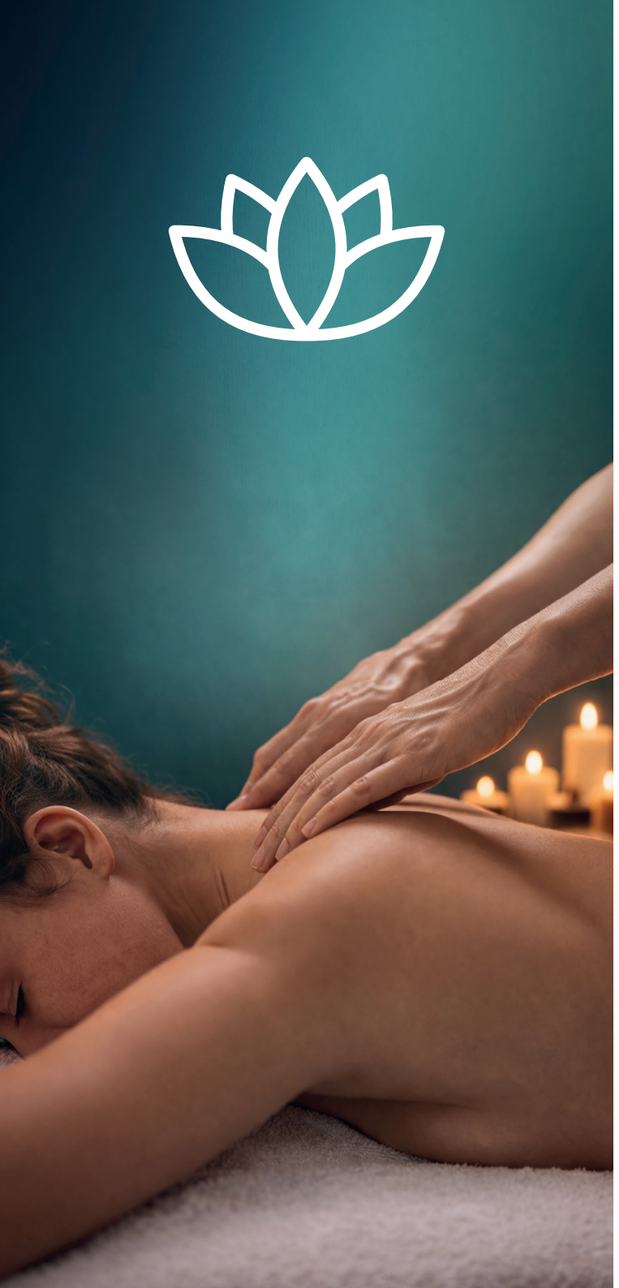


Milenij Marine Spa
Inspired by the sea

Our philosophy is built around four elements: beauty from the sea, Mediterranean botanicals, healing massage techniques, and the harmony of energy that creates the perfect balance for body and spirit.

By combining the richness of nature's healing resources with exclusive skincare products, we have created unique rituals that relax the body, rejuvenate the skin, and awaken the energy of the Mediterranean.

Immerse yourself with us in a world where every sensation of the Mediterranean becomes your reality.



HOTEL MILENIJ
MASSAGE COLLECTION

ANCHOR PRICE
SEPT 10, 2026

30 min | 50 min **70 € | 105 €** 70 € | 105 €
MEDITERRANEAN AROMA RELAX

A massage infused with Mediterranean aromas that provides deep relaxation and restores vitality.

50 min **110 €** 110 €
VOLCANIC HOT STONE

A Balinese hot stone massage with essential oils that deeply relaxes the muscles and releases tension.

25 min | 45 min **65 € | 100 €** 65 € | 100 €
DEEP TISSUE THERAPY

A stimulating massage that improves circulation and revitalizes the tissues, reduces stress, and restores energy.

60 min **110 €** 110 €
COCOA HARMONY

A nurturing warm chocolate massage that nourishes and softens the skin while uplifting the mood.

ANCHOR PRICE
SEPT 10, 2026

50 min **110 €** 110 €
SPORTS RECOVERY

A massage technique combining various methods to relieve pain and muscle tension, ease cramps, and deeply relax tired muscles.

50 min **115 €** 115 €
HERBAL PINDA

A massage with carefully selected fresh herbs that promotes effective drainage and deep revitalization.

90 min **175 €** 175 €
MILENIJ EXCLUSIVE EXPERIENCE

A 90-minute holistic massage combining aromatherapy, sports massage, Herbal Pinda techniques, and targeted pressure points to deeply revitalize the body.

LIMITED WELLNESS EXPERIENCE

ANCHOR PRICE
SEPT 10, 2026

45 min **100 €** 100 €
DEEP RELAX MASSAGE
Recommended for the Evening

A deeply relaxing massage designed to calm the nervous system and prepare the body for restorative sleep. Slow, rhythmic movements and soothing aromatherapy create a profound sense of calm and relaxation.

50 min **115 €** 115 €
AROMATHERAPY SOMMELIER EXPERIENCE

A deeply relaxing massage with Mediterranean aromas, inspired by the sommelier concept, allowing you to choose from scents such as lavender, rosemary, thyme, eucalyptus, and orange.

Slow, rhythmic movements combined with aromatherapy and carefully selected aromatic notes create a profound sense of relaxation while restoring energy and vitality.

Algotherm



Algotherm *Premium Skin Care Collection*

Discover the power of the ocean to renew, nourish, and revitalize your skin.

Immerse yourself in the essence of marine active ingredients – true treasures of the ocean, carefully selected for their unique benefits. Combined with advanced dermocosmetic ingredients, they create highly effective and versatile treatments.

More than thirty marine ingredients are incorporated into our face and body formulas. Rich in minerals, vitamins, and antioxidants, each marine active nourishes, renews, and protects the skin with powerful results.

ALGOTHERM
FACE CARE

ANCHOR PRICE
SEPT 10, 2026

25 min **73 €** 73 €
ALGOTHERM MARINE EYE CONTOUR

An eye contour treatment that targets signs of fatigue and ageing, leaving the skin visibly smoother and refreshed.

50 min **115 €** 115 €
ALGOTHERM MARINE RADIANCE FACIAL

A regenerating treatment that boosts skin cell activity and deeply stimulates the tissues, specially designed for dehydrated, dull skin.

80 min **179 €** 179 €
ALGOTHERM MARINE REVITALIZATION FACIAL

An exclusive anti-ageing treatment that firms the skin, redefines facial contours, and restores a radiant complexion.



ALGOTHERM
BODY CARE

ANCHOR PRICE
SEPT 10, 2026

25 min **70 €** 70 €
ALGOTHERM MARINE BODY SCRUB

An all-natural body scrub that stimulates the senses, leaving the skin smooth and delicately scented.

45 min **110 €** 110 €
ALGOTHERM ANTI JET LAG

This intensive treatment combines manual techniques with specialized tools to improve microcirculation, promote detoxification, and revitalize the body.

55 min **150 €** 150 €
ALGOTHERM SEAWEED BODY TREATMENT

A seaweed treatment that remineralizes the skin, helps eliminate toxins, and provides detoxifying and slimming benefits.



Premium
Marine Spa Rituals

Inspired by the rhythm of the Adriatic Sea, our rituals combine marine minerals, Mediterranean botanicals, and traditional Thai healing techniques.

A multisensory journey designed to restore the body, mind, and energy.

ANCHOR PRICE
SEPT 10, 2026

80 min **190 €** 190 €

COLORS OF THE OCEAN

A unique ritual combining holistic face and body treatments. Marine extracts create a harmonious experience, where facial renewal and body revitalization come together throughout every stage of the treatment.

80 min **180 €** 180 €

ROMANTIC WALK IN THE GARDEN

A multisensory journey through our garden brings the essence of the Mediterranean to your skin, combining extracts of freshly picked herbs. Aromatic touches and botanical formulas nourish and renew the skin for a complete wellness experience.

ANCHOR PRICE
SEPT 10, 2026

80 min **170 €** 170 €

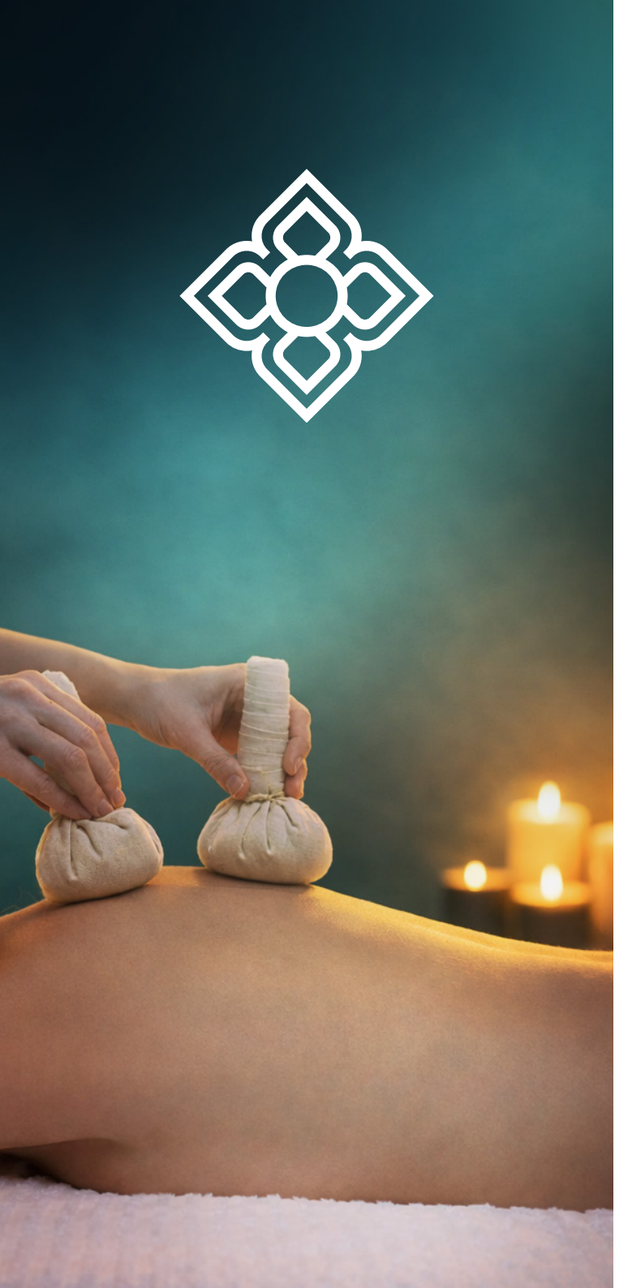
THAI-MEDITERRANEAN FUSION RITUAL

This ultimate ritual combines precise pressure, targeted stimulation of reflex and trigger points, guided stretching, and rhythmic compression to release chronic tension and promote lymphatic drainage.

80 min **170 €** 170 €

CHOCOLATE RHAPSODY UNDER THE COCONUT MOONLIGHT

This indulgent ritual combines the benefits of chocolate and coconut to awaken the senses. Rich, warm textures of the body wrap and massage envelop you in a feeling of tropical serenity.



Ancient
Thai therapy

Experience the authentic art of Thai healing with our skilled Thai masters.

A journey of balance and vitality for body and mind, rooted in a timeless tradition of harmony and deep relaxation.

SIDRENA CIJENA
10.09.2026.

30 min | 50 min **80 € | 110 €** 80 € | 110 €
ROYAL THAI HEALING MASSAGE

A healing Thai massage with aromatic oils that transforms tension into a deeply restorative experience for body and mind.

90 min **179 €** 179 €
SIGNATURE THAI MASTER TREATMENT

A combined treatment with warm herbal pindas, blending traditional massage, therapeutic touch, and botanical energy to restore and prolong vitality.

30 min **76 €** 76 €
THAI FOOT VITALITY

Thai Foot Massage combines foot mobilization with precise pressure on reflex points and rhythmic movements to stimulate circulation and restore a feeling of lightness.

30 min **80 €** 80 €
THAI BACK RELIEF

Using traditional techniques and targeted pressure along the spine, this massage relieves back and neck pain, releasing tension and restoring a sense of ease and mobility.

MANIKURA & PEDIKURA

SIDRENA CIJENA
10.09.2026.

45 min **45 €** 45 €
SEA MINERAL MANICURE

A luxurious hand treatment featuring a gentle marine mineral scrub, nourishing care for the nails and skin, followed by a relaxing massage and protective cream to restore softness, hydration, and radiance.

60 min **55 €** 55 €
MEDITERRANEAN SPA PEDICURE

A luxurious foot treatment featuring a sea salt scrub and reflexology for complete care and relaxation. Finished with a nourishing mask and soothing massage to restore lightness and freshness to your feet.

NAIL POLISH **20 €** 20 €

GEL POLISH **45 €** 45 €



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HOTEL MILENIJ

WELLNESS & SPA

MILENIJ

AMADRIA PARK



Hotel Milenij
Spa collection

Uz obalu Opatije, Mediteran stoljećima čuva svoje prirodne blagodati – alge bogate mineralima, sol koja obnavlja kožu te aromatično bilje koje vraća ravnotežu i vitalnost.

U hotelu Milenij stvoren je prostor u kojem je svaki tretman nadahnut tim bogatstvom prirode, stvarajući sklad tijela, uma i duha.

Inspirirani mirisima i bojama Mediterana, naši tretmani donose osjećaj potpune harmonije – gdje svaki dodir postaje priča, a svaki trenutak posvećen je vama.

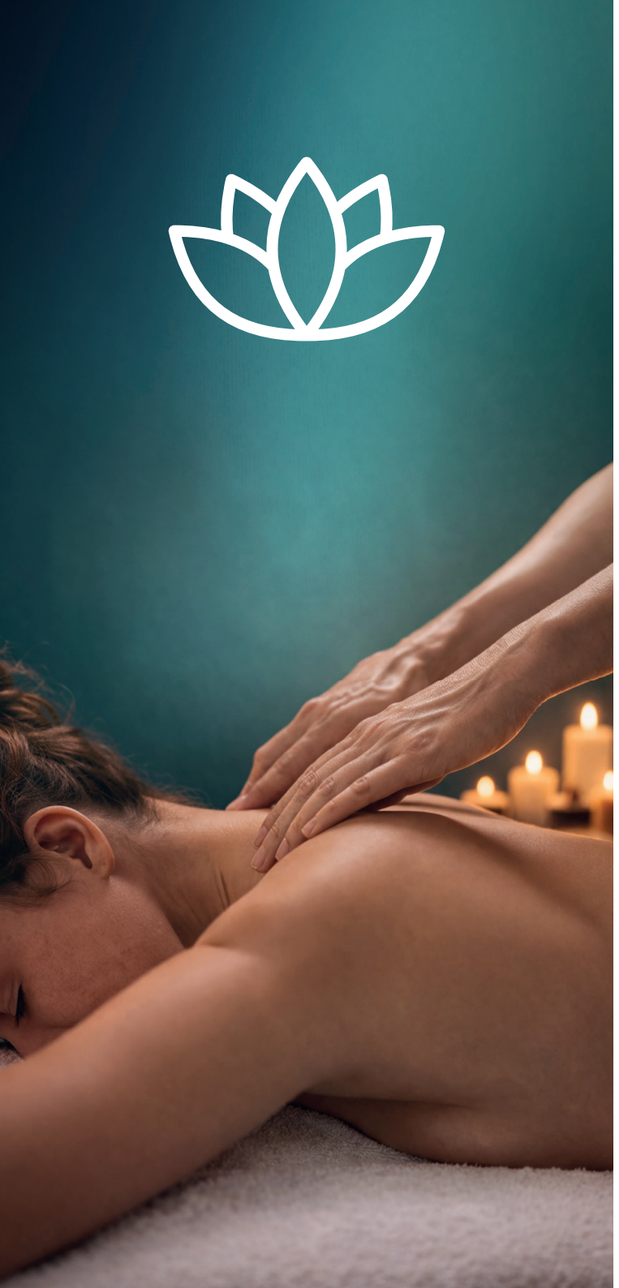


Milenij Marine Spa
Inspirirano morem

Naša filozofija temelji se na četiri elementa: ljepote iz mora, mediteransko bilje, iscjeljujuće masažne tehnike i harmoniju energije koja stvara savršenu ravnotežu za tijelo i duh.

Spajajući bogatstvo prirodnih izvora iscjeljenja te ekskluzivne preparate kreirani su rituali koji opuštaju tijelo, obnavljaju kožu i bude energiju Mediterana.

Zaronite sa nama u svijet gdje svaka senzacija Mediterana postaje vaša stvarnost.



HOTEL MILENIJ
MASSAGE COLLECTION

SIDRENA CIJENA
10.09.2026.

30 min | 50 min **70 € | 105 €** 70 € | 105 €
MEDITERRANEAN AROMA RELAX

Masaža s mediteranskim aromama koja dubinski opušta i vraća vitalnost.

50 min **110 €** 110 €
VOLCANIC HOT STONE

Masaža vrućim kamenjem s Balija i esencijalnim uljima. Djeluje duboko na mišiće i opušta.

25 min | 45 min **65 € | 100 €** 65 € | 100 €
DEEP TISSUE THERAPY

Masaža koja stimulira tkiva i cirkulaciju, smanjuje stres te vraća energiju.

60 min **110 €** 110 €
COCOA HARMONY

Njegujuća masaža toplom čokoladom koja hrani i omekšava kožu te podiže raspoloženje.

SIDRENA CIJENA
10.09.2026.

50 min **110 €** 110 €
SPORTS RECOVERY

Masažna tehnika koja kombinira različite metode za ublažavanje boli i grčeva te opuštanje umornih mišića.

50 min **115 €** 115 €
HERBAL PINDA

Masaža sa pažljivo odabranim svježim biljem pruža jedinstvenu drenažu i dubinsku revitalizaciju.

90 min **175 €** 175 €
MILENIJ EXCLUSIVE EXPERIENCE

Holistička 90-minutna masaža koja spaja elemente Aromaterapije, Sportske i Herbal Pinda tehnike te precizne pritiske na ključne točke, dubinski revitalizirajući tijelo.

LIMITED WELLNESS EXPERIENCE

SIDRENA CIJENA
10.09.2026.

45 min **100 €** 100 €
DEEP RELAX MASSAGE
Preporuka masaže u večernjim satima

Duboko opuštajuća masaža osmišljena za smirivanje živčanog sustava i pripremu tijela za okrepljujući odmor. Spori ritmički pokreti i umirujuća aromaterapija stvaraju dubok osjećaj smirenosti.

50 min **115 €** 115 €
AROMATHERAPY SOMMELIER EXPERIENCE

Duboko opuštajuća masaža s mediteranskim aromama, inspirirana konceptom sommeliera, omogućuje odabir mirisa poput lavande, ružmarina, timijana, eukaliptusa i naranče.

Spori, ritmični pokreti, u kombinaciji s aromaterapijom i pažljivo odabranim mirisnim notama, stvaraju osjećaj duboke opuštenosti te vraćaju tijelu energiju i vitalnost.

Algotherm



Algotherm *Premium Skin Care Collection*

Otkrijte snagu oceana koja obnavlja, hrani i revitalizira vašu kožu

Zaronite u srž morskih aktivnih sastojaka – pravih dragocjenih blaga oceana, pažljivo odabranih zbog svojih ključnih dobrobiti. U kombinaciji s vrhunskim dermokozmetičkim sastojcima stvaraju učinkovite i svestrane tretmane.

Više od trideset morskih sastojaka uključeno je u naše formule za lice i tijelo. Bogati mineralima, vitaminima i antioksidansima, svaki morski aktivni sastojak njeguje, obnavlja i štiti kožu snažnim djelovanjem.

ALGOTHERM
FACE CARE

SIDRENA CIJENA
10.09.2026.

25 min **73 €** 73 €
ALGOTHERM MARINE EYE CONTOUR

Tretman za područje oko očiju koji djeluje na znakove umora i starenja, pružajući vidljivo zaglađen i odmoran izgled.

50 min **115 €** 115 €
ALGOTHERM MARINE RADIANCE FACIAL

Regenerirajući tretman koji potiče staničnu aktivnost kože i dubinski stimulira tkiva, posebno tretirajući dehidriranu kožu bez sjaja.

80 min **179 €** 179 €
ALGOTHERM MARINE REVITALIZATION FACIAL

Ekskluzivan anti-age tretman za učvršćivanje kože, redefiniranje kontura lica i vraćanje blistavosti tena.



ALGOTHERM
BODY CARE

SIDRENA CIJENA
10.09.2026.

25 min **70 €** 70 €
ALGOTHERM MARINE BODY SCRUB

Potpuno prirodan piling tijela koji stimulira osjetila, ostavljajući kožu nježno namirisanom i glatkom.

45 min **110 €** 110 €
ALGOTHERM ANTI JET LAG

Ovaj intenzivni tretman kombinira manualne tehnike i specifične dodatke kojima se poboljšava mikro cirkulacija te potiče detoksikacija i revitalizacija tijela.

55 min **150 €** 150 €
ALGOTHERM SEAWEED BODY TREATMENT

Primjena morskih algi remineralizira kožu i pomaže u uklanjanju toksina te pruža efekt detoksikacije i mršavljenja.



Premium
Marine Spa Rituals

Inspirirano ritmom Jadranskog mora, naši rituali spajaju morske minerale, mediteransko bilje i tajlandske tehnike iscjeljivanja.

Višesenzorno putovanje osmišljeno za obnovu tijela, uma i energije.

SIDRENA CIJENA
10.09.2026.

80 min **190 €** 190 €

COLORS OF THE OCEAN

Jedinstveni ritual uključuje holistički tretman za lice i tijelo. Spaja morske ekstrakte u harmonično iskustvo, gdje se obnova kože lica i revitalizacija tijela isprepliću kroz svaku fazu tretmana.

80 min **180 €** 180 €

ROMANTIC WALK IN THE GARDEN

Multisenzorna šetnja kroz naš vrt pruža iskustvo mediterana na koži kombinirajući ekstrakte svježe ubranih biljaka. Aromatični dodiri i biljne formule njeguju i obnavljaju kožu za potpuni wellness doživljaj.

SIDRENA CIJENA
10.09.2026.

80 min **170 €** 170 €

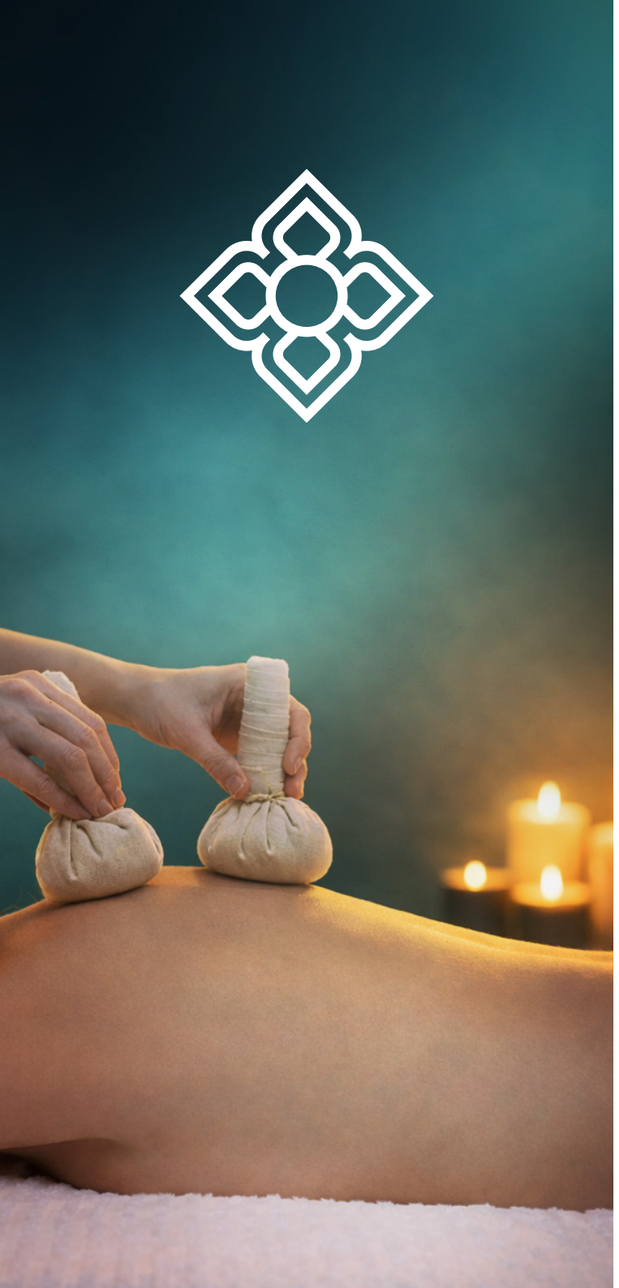
THAI-MEDITERRANEAN FUSION RITUAL

Ovaj ultimativni ritual kombinira precizni pritisak, ciljanu stimulaciju refleksnih i trigger točaka, stručno vođeni stretching i ritmičku kompresiju kako bi oslobodila kronične napetosti i potaknula limfnu drenažu.

80 min **170 €** 170 €

CHOCOLATE RHAPSODY UNDER THE COCONUT MOONLIGHT

Ovaj raskošni ritual koristi blagodati čokolade i kokosa za buđenje svih osjetila koje uz bogate i tople teksture pakunga i masaže osjećajem vode u tropski mir.



Ancient
Thai therapy

Doživite autentičnu umjetnost tajlandskog iscjeljivanja uz naše tajlandske majstore.

Putovanje ravnoteže i vitalnosti za tijelo i um koje predstavlja bezvremensku tradiciju sklada i duboke relaksacije.

SIDRENA CIJENA
10.09.2026.

30 min | 50 min **80 € | 110 €** 80 € | 110 €
ROYAL THAI HEALING MASSAGE

Iscjeljujuća Thai masaža s aromatičnim uljima koja transformira napetost u iskustvo duboke tjelesne i mentalne obnove.

90 min **179 €** 179 €
SIGNATURE THAI MASTER TREATMENT

Kombinirani tretman s toplim pindama donosi savršenu sinergiju tradicionalne masaže, terapeutskih dodira i biljne energije za produženu vitalnost.

30 min **76 €** 76 €
THAI FOOT VITALITY

Thai Foot masaža mobilizira stopala i stimulira refleksne točke kroz precizne pritiske i ritmične pokrete koji potičući cirkulaciju vraćaju osjećaj lakoće.

30 min **80 €** 80 €
THAI BACK RELIEF

Tradicionalnom tehnikom i pritiscima duž kralježnice masaža uklanja bolove u području leđa i vrata i daje osjećaj rasterećenosti i razgibanosti.

MANIKURA & PEDIKURA

SIDRENA CIJENA
10.09.2026.

45 min **45 €** 45 €
SEA MINERAL MANICURE

Luksuzni tretman za ruke koji uključuje nježan piling s morskim mineralima i hranjivu njegu noktiju i kože, te masažom i zaštitnom kremom koja vraća mekoću, hidrataciju i blistav izgled rukama.

60 min **55 €** 55 €
MEDITERRANEAN SPA PEDICURE

Luksuzni tretman za stopala koji uključuje peeling morskom soli i refleksologiju, za potpunu njegu i opuštanje. Završava hranjivom maskom i masažom koja vraća lakoću i svježinu vašim stopalima.

LAKIRANJE **20 €** 20 €

TRAJNI LAK **45 €** 45 €



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