

AMADRIA PARK
HOTEL MILENIJ

MILENIJ

Wellness & spa



AMADRIA PARK



Hotel Milenij *Spa collection*

Along the Opatija coastline, the Mediterranean has preserved its natural treasures for centuries – mineral-rich algae, salt that revitalizes the skin, and aromatic herbs that restore balance and vitality.

At Hotel Milenij, we have created a space where every treatment is inspired by the richness of nature, bringing harmony to body, mind, and spirit.

Inspired by the scents and colours of the Mediterranean, our treatments offer a sense of complete harmony – where every touch tells a story, and every moment is devoted entirely to you.



Milenij Marine Spa

Inspired by the sea

Our philosophy is built around four elements: beauty from the sea, Mediterranean botanicals, healing massage techniques, and the harmony of energy that creates the perfect balance for body and spirit.

By combining the richness of nature’s healing resources with exclusive skincare products, we have created unique rituals that relax the body, rejuvenate the skin, and awaken the energy of the Mediterranean.

Immerse yourself with us in a world where every sensation of the Mediterranean becomes your reality.



HOTEL MILENIJ MASSAGE COLLECTION

30 min | 50 min 70,00 € | 105,00 €
MEDITERRANEAN AROMA RELAX

A massage infused with Mediterranean aromas that provides deep relaxation and restores vitality.

50 min 110,00 €
VOLCANIC HOT STONE

A Balinese hot stone massage with essential oils that deeply relaxes the muscles and releases tension.

25 min | 45 min 100,00 €
DEEP TISSUE THERAPY

A stimulating massage that improves circulation and revitalizes the tissues, reduces stress, and restores energy.

60 min 110,00 €
COCOA HARMONY

A nurturing warm chocolate massage that nourishes and softens the skin while uplifting the mood.

50 min 110,00 €
SPORTS RECOVERY

A massage technique combining various methods to relieve pain and muscle tension, ease cramps, and deeply relax tired muscles.

50 min 115,00 €
HERBAL PINDA

A massage with carefully selected fresh herbs that promotes effective drainage and deep revitalization.

90 min 175,00 €
MILENIJ EXCLUSIVE EXPERIENCE

A 90-minute holistic massage combining aromatherapy, sports massage, Herbal Pinda techniques, and targeted pressure points to deeply revitalize the body.

LIMITED WELLNESS EXPERIENCE

45 min 100,00 €
DEEP RELAX MASSAGE
Recommended for the Evening

A deeply relaxing massage designed to calm the nervous system and prepare the body for restorative sleep. Slow, rhythmic movements and soothing aromatherapy create a profound sense of calm and relaxation.

50 min 115,00 €
AROMATHERAPY SOMMELIER EXPERIENCE

A deeply relaxing massage with Mediterranean aromas, inspired by the sommelier concept, allowing you to choose from scents such as lavender, rosemary, thyme, eucalyptus, and orange.

Slow, rhythmic movements combined with aromatherapy and carefully selected aromatic notes create a profound sense of relaxation while restoring energy and vitality.

Algotherm

Algotherm *Premium Skin Care Collection*

Discover the power of the ocean to renew,
nourish, and revitalize your skin.

Immerse yourself in the essence of marine active ingredients – true treasures of the ocean, carefully selected for their unique benefits. Combined with advanced dermocosmetic ingredients, they create highly effective and versatile treatments.

More than thirty marine ingredients are incorporated into our face and body formulas. Rich in minerals, vitamins, and antioxidants, each marine active nourishes, renews, and protects the skin with powerful results.

ALGOTHERM FACE CARE

25 min 73,00 €
ALGOTHERM MARINE EYE CONTOUR

An eye contour treatment that targets signs of fatigue and ageing, leaving the skin visibly smoother and refreshed.

50 min 115,00 €
ALGOTHERM MARINE RADIANCE FACIAL

A regenerating treatment that boosts skin cell activity and deeply stimulates the tissues, specially designed for dehydrated, dull skin.

80 min 179,00 €
ALGOTHERM MARINE REVITALIZATION FACIAL

An exclusive anti-ageing treatment that firms the skin, redefines facial contours, and restores a radiant complexion.



ALGOTHERM BODY CARE

25 min 70,00 €
ALGOTHERM MARINE BODY SCRUB

An all-natural body scrub that stimulates the senses, leaving the skin smooth and delicately scented.

45 min 110,00 €
ALGOTHERM ANTI JET LAG

This intensive treatment combines manual techniques with specialized tools to improve microcirculation, promote detoxification, and revitalize the body.

55 min 150,00 €
ALGOTHERM SEAWEED BODY TREATMENT

A seaweed treatment that remineralizes the skin, helps eliminate toxins, and provides detoxifying and slimming benefits.



Premium *Marine Spa Rituals*

Inspired by the rhythm of the Adriatic Sea, our rituals combine marine minerals, Mediterranean botanicals, and traditional Thai healing techniques.

A multisensory journey designed to restore the body, mind, and energy.

80 min

190,00 €

COLORS OF THE OCEAN

A unique ritual combining holistic face and body treatments. Marine extracts create a harmonious experience, where facial renewal and body revitalization come together throughout every stage of the treatment.

80 min

170,00 €

THAI-MEDITERRANEAN FUSION RITUAL

This ultimate ritual combines precise pressure, targeted stimulation of reflex and trigger points, guided stretching, and rhythmic compression to release chronic tension and promote lymphatic drainage.

80 min

180,00 €

ROMANTIC WALK IN THE GARDEN

A multisensory journey through our garden brings the essence of the Mediterranean to your skin, combining extracts of freshly picked herbs. Aromatic touches and botanical formulas nourish and renew the skin for a complete wellness experience.

80 min

170,00 €

CHOCOLATE RHAPSODY UNDER THE COCONUT MOONLIGHT

This indulgent ritual combines the benefits of chocolate and coconut to awaken the senses. Rich, warm textures of the body wrap and massage envelop you in a feeling of tropical serenity.



Ancient *Thai therapy*

Experience the authentic art of Thai healing with our skilled Thai masters.

A journey of balance and vitality for body and mind, rooted in a timeless tradition of harmony and deep relaxation.

30 mn | 50 min 80,00 € | 110,00 €
ROYAL THAI HEALING MASSAGE

A healing Thai massage with aromatic oils that transforms tension into a deeply restorative experience for body and mind.

90 min 179,00 €
SIGNATURE THAI MASTER TREATMENT

A combined treatment with warm herbal pindas, blending traditional massage, therapeutic touch, and botanical energy to restore and prolong vitality.

30 min 76,00 €
THAI FOOT VITALITY

Thai Foot Massage combines foot mobilization with precise pressure on reflex points and rhythmic movements to stimulate circulation and restore a feeling of lightness.

30 min 80,00 €
THAI BACK RELIEF

Using traditional techniques and targeted pressure along the spine, this massage relieves back and neck pain, releasing tension and restoring a sense of ease and mobility.

MANICURE & PEDICURE

45 min 45,00 €
SEA MINERAL MANICURE

A luxurious hand treatment featuring a gentle marine mineral scrub, nourishing care for the nails and skin, followed by a relaxing massage and protective cream to restore softness, hydration, and radiance.

60 min 55,00 €
MEDITERRANEAN SPA PEDICURE

A luxurious foot treatment featuring a sea salt scrub and reflexology for complete care and relaxation. Finished with a nourishing mask and soothing massage to restore lightness and freshness to your feet.



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