

SPA ETIQUETTE

• Spa Dress Code

U saune se ulazi bez kupaćeg kostima i sjedi na ručniku, dok je u ostatku wellnessa obavezno nositi isti.

It is permitted to use the saunas without a bathing suit however a towel must be used, whilst in all other wellness areas a bathing suit must be worn.



• Tuširanje / Showering

Tuširanje je obavezno prije ulaska u bazen, jacuzzi i saune te ako je potrebno prije tretmana.

Showering is compulsory prior to entering the pool, Jacuzzi and sauna, and prior to treatment if required.



• Rezervacija ležaljki / Sunbeds reservation

Ležaljke na wellness terasi nije moguće rezervirati unaprijed. Ukoliko se ležaljka ne koristi 2 sata osoblje wellnessa može je ustupiti drugim gostima.

Sunbeds on the wellness terrace can not be booked in advance. If a chair is not in use for 2 hours, the staff may allocate it to another guest.



• Rezervacija termina / Booking an appointment

Kako biste odabrali željeni termin za tretmane molimo Vas kontaktirajte wellness recepciju najmanje jedan dan prije željenog termina.

To book an appointment for a treatment, please contact the wellness reception at least one day in advance.



• Otkazivanje termina / Cancelling an appointment

Rezervirani tretman može se odgoditi najmanje 3 sata prije zakazanog termina, u suprotnom klijent snosi 50% od cijene tretmana

A booked treatment may be cancelled up to 3 hours before the scheduled appointment, otherwise the client is required to pay 50% of the treatment price.



• Kašnjenje na tretman / Arrive on time

U slučaju nepredvidivih situacija zbog kojih klijent zakasni na termin duže od 15 min, uslugu možda nećemo biti u mogućnosti pružiti. Tretmani završavaju u točno predviđeno vrijeme kako kašnjenje ne bi utjecalo na slijedećeg klijenta.

U slučaju kašnjenja tretman će biti naplaćen u cijelosti. *In the case of unexpected situations where a delayed arrival of more than 15 minutes for an appointment occurs, we may not be able to provide the service. Treatments are scheduled to end at a precise time in order to avoid any delays affecting the next client. In the case of a client being late, we shall charge the entire treatment amount.*



• Dolazak na tretman / Treatment

Kako biste se ugodnije osjećali savjetujemo da na tretman dođete 10 min prije u bademantilu i papučama, dok vanjski gosti isto preuzimaju na wellness recepciji. Sve što je potrebno za određeni tretman biti će vam na raspolaganju za vrijeme tretmana.

For your personal comfort, we recommend that you arrive to the treatment 10 minutes before in a bathrobe and slippers. Day guests may obtain these items at the wellness reception. Everything required for your treatment will be provided at the time of treatment.



• Plaćanje / Payment

Recepcija wellness centra prihvaća većinu kreditnih kartica te gotovinu za plaćanje. Svi hotelski gosti imaju mogućnost korištenje usluge teretiti na račun sobe te platiti prilikom odlaska. Gosti iz ostalih hotela naše grupacije imaju mogućnost plaćati karticom ili gotovinom.

The wellness centre reception accepts payment in the form of all major credit cards and cash. All hotel guests may charge used services to their room and pay upon check out. Guests of other hotels from our hotel group may pay by credit card or in cash.



• Djeca / Children

Djeca do 3 godine dozvoljeno je koristiti bazen samo uz korištenje pelena za vodu. Djeci do 16 godina dozvoljeno je koristiti bazen samo u pratnji roditelja. Djeci do 18 godina nije dozvoljeno koristiti zonu sauna. Gostima ispod 12 godina nije moguće odraditi masažu. *Children up to 3 years are allowed to use the pool only with the use of swim diapers. Children up to 16 years are allowed to use the pool only if accompanied by parents. Children under the age of 16 are forbidden to use the sauna area. It is not possible to perform a massage after the age of 12.*



• Za vašu udobnost / For your comfort

Wellness centar je područje tišine, te poziva na opuštanje i mir. Pušenje i konzumacija alkoholnih pića nije dopuštena u unutarnjem prostoru wellness centra, osim na wellness terasi. *The wellness centre is an area of tranquility, for relaxation and unwinding. Smoking and alcoholic beverages are not permitted inside the wellness centre except on the wellness terrace.*



Wellness Oasis

radno vrijeme / hours: 08:00 – 20:00

T + 385 51 295 008

wellness.grand@amadriapark.com

Amadria Park Grand hotel 4 opatijska cvijeta

Milenij hoteli d.o.o. OIB: 787 9688 0101

V. Cara Emina 6, HR-51410 Opatija

www.amadriapark.com



Wellness Oasis

SPA MENU


AMADRIA PARK
GRAND HOTEL 4 OPATIJSKA CVIJETA

NJEGA LICA // FACIAL TREATMENT

ELEMIS Pro-Collagen Age Defy | 30/60 min | 380,00/720,00 kn
Riješite se finih linija i bora sa klinički dokazanim* Pro- Collagen Age Defy tretmanom. Kombinacija morskih algi i crvenog koralja, prkosi godinama. Ciljana masaža potiče optimalnu funkciju stanica za bogato njegovanu, kožu mlađeg izgleda.

This clinically proven facial removes wrinkles and fine lines with the benefit of sea algae and Padina pavonica. Targeted massage encourages optimal cell function, for deeply nourished and younger skin.

ELEMIS Superfood Pro-Radiance | 30/60 min | 380,00/640,00 kn
Nutritivna opskrba bogata aktivnim tvarima koje vraćaju energiju, superhranom i esencijalnim mineralima dizajnirana za beživotnu kožu pod stresom, kojoj je potreban detoks. Klinički dokazan tretman čini kožu popunjenom, blistavom i optimalnog zdravlja.

Nutritionally rich, active ingredients that restore energy, act as a superfood with essential minerals designed for dull, stressed skin in need of detoxification. Clinically proven treatment plumps and brightens the skin full for optimal health.

MASAŽE // MASSAGE

ELEMIS Body Nectar Nourishing Wrap - Frangipani | 60 min | 700,00 kn

Baršunasta tekstura Monoi Ulja pruža-hidrataciju, okrepljujući žednu kožu. Ogrnuti ste toplim wrap-om dok arome i ulja balansiraju raspoloženje i regeneriraju kožu.

The velvety texture of the Monoi oil offers super- hydration, quenching a thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention payed to particularly parched areas. You are kept cocooned and warm while the mood balancing aromatics and skin conditioning oils do their work.

ELEMIS Intensely Cleansing Salt Scrub - Frangipani | 30 min | 340,00 kn

Mirisne soli nježno poliraju mrtve stanice kože, potičući regeneraciju novih stanica. Ostavlja kožu spremnom za upijanje hranjivog ulja.

The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

ELEMIS Freestyle Deep Tissue Massage | 30/60 min | 300,00/600,00 kn

Vaš terapeut odabire aromatično ulje prema Vašim prioritetima, bili to mišićna bol, opuštanje stresa, za relaksaciju ili balans. Dinamična masaža djeluje duboko u tenzije, potičući optimalnu cirkulaciju.

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. This dynamic massage works deeply, removing muscle tension and promoting optimum circulation.

Aromatherapy Massage | 30/60 min | 300,00 kn/450,00 kn
Aromaterapija kombinira eterična ulja s nježnom masažom te time njeguje kožu, potiče cirkulaciju, ublažava stres, uklanja umor i opušta. Aromaterapija masaža kombinira terapijsku upotrebu esencijalnih ulja s nježnom masažom za kožu njegujuću. Perfect choice to boost blood circulation, relieve stress and reduce fatigue.

Luxury Experience Massage | 70 min | 650,00 kn
Kombinacija mediteranskog pilinga i masaže cijelog tijela, s posebnim naglaskom na leđa i stopala, pospješuje trenutačno oživljenje tijela i duha.

Perfect combination of Mediterranean peeling and full body massage with special attention to the back and feet feels instant revitalization of body and mind.

Mediterranean Touch | 60 min | 450,00 kn
Pinde napunjene ljekovitim biljem hrane i revitaliziraju kožu, miris pindi relaksira, a masaža pindama djeluje drenažno, opušta i poboljšava cirkulaciju. Pinde se griju u aromatiziranom ulju, te se dinamičnim pokretima nanose na tijelo.

Pinde filled with medical herbs nourishing and revitalizing the skin, the scent of pinde relaxes and massage with pindas has a draining effect, relaxes and improves circulation. The pindas are heated in flavored oil and applied to the body with dynamic movements.

Art of Stone | 60 min | 500,00 kn

Kamenje s Balijske, okupano u Frangipani Monoi Body ulju, djeluje duboko u mišićima, predjelima napetosti. Rezultat je blistava vitalnost sa dodatnom intenzivnom hidratacijom kože.

Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

Choco Massage | 60 min | 500,00 kn

Anti stres masaža tijela i lica toplom čokoladom nahraniće kožu i čula i popraviti raspoloženje

This anti-stress body and face massage with warm chocolate will nourish your skin and senses and improve your mood

Masaža stopala / Foot massage | 30 min | 330,00 kn

Na našim stopalima završavaju živci, a lagana masaža i pritisak na određene točke uklanjaju glavobolju, opuštaju i utječu pozitivno na naše raspoloženje.

All nerves end on our feet, and a light massage and pressure on certain points remove the headache, relax and positively affect our mood.

Anti Stress Moment | 30 min | 300,00 kn

Masaža ruku, vrata, lica i vlasišta, opušta napetosti, energizira, balansira i pročišćava misli

Arms, shoulders, face and scalp massage, relaxes, energizes, balances and purifies thoughts

DODIR LJEPOTE // BEAUTY TOUCH

SPA Manicure | 45 min | 240,00 kn

Kupka, oblikovanje i poliranje noktiju, masaža
Nail soak, shape and varnish, massage

SPA Pedicure | 60 min | 340,00 kn

Kupka, oblikovanje i poliranje noktiju, masaža
Nail soak, shape and varnish, massage

Zen spa pedikura / Zen spa pedicure | 75 min | 380,00 kn

Kupka, piling i masaža stopala; rašpanje, poliranje i lakiranje noktiju.
Soak, scrub, file and buff, followed by foot massage and nail polish.

SPA SVIJET // SPA WORLD

Spa dan / Spa Day

Hotelski gosti / Hotel guests | max 180 min | 100,00 kn

Dnevni gosti / Daily visitors | max 180 min | 250,00 kn

Korištenje svih sadržaja wellness centra (bazen, finska sauna, turska kupelj, ledena fontana, jacuzzi, svježe voće i čaj)

Use of all wellness facilities (swimming pool, Finnish sauna, Turkish bath, ice fountain, Jacuzzi, fresh fruit and tea)

POKLON BONOVI // GIFT CARDS

Razveselite svoje najmilije poklon bonom u WELLNESS OAZI

Surprise your loved one with a gift voucher for WELLNESS OASIS