

## BEAUTY CORNER

Luxury manicure with massage and nutritive hand pack	60 min	200,00 kn
Luxury pedicure with massage and refreshing mask	60 min	250,00 kn
Nail polishing		70,00 kn
French nail polishing		110,00 kn
Permanent nail polishing		130,00 kn
Permanent nail removal		50,00 kn
Eyebrow shaping		40,00 kn
<b>HAIR REMOVAL</b>		
Complete legs		165,00 kn
Partial legs / arms / face		80,00 kn
Bikini zone / Arm pits		60,00 kn
Facial hair		40,00 kn
Men chest		150,00 kn
Men back		170,00 kn

## KIDS CORNER (5-12 years)

Junior manicure	20 min	100,00 kn
Junior body massage (for kids up to 10 years)	30 min	150,00 kn

## SPA WORLD

SOLARIUM	Use of 1 chip/ duration 4 min	16,00 kn
SPA MEMBERSHIP	10 sessions	800,00 kn
FULL WEEK (Mon-Sun)		700,00 kn
MONTHLY MEMBERSHIP	3 times a week	900,00 kn
THREE-MONTH TICKET	2 times a week	1.400,00 kn
SIX-MONTH TICKET	2 times a week	1.800,00 kn
ANNUAL TICKET	2 times a week	2.800,00 kn

## SPA ZONE

MON – FRI		
Hotel guests	max 180 min	90,00 kn
Outside guests	max 180 min	120,00 kn
Additional hour		40,00 kn
Daily ticket		230,00 kn
SATURDAY, SUNDAY, HOLIDAYS		
Hotel guests	max 180 min	90,00 kn
Outside guests	max 180 min	150,00 kn
Additional hour		50,00 kn
Daily ticket		250,00 kn

## SWIMMING POOL FOR OUTSIDE GUESTS (max 180 min)

MONDAY - FRIDAY		40,00 kn
CHILDREN UP TO 2 YEARS		0,00 kn
CHILDREN FROM 3 - 12 YEARS		20,00 kn
CHILDREN FROM 13 YEARS OLD AND ABOVE		40,00 kn
SATURDAY, SUNDAY, HOLIDAYS		50,00 kn
CHILDREN UP TO 2 YEARS		0,00 kn
CHILDREN FROM 3 - 12 YEARS		25,00 kn
CHILDREN OF 13 YEARS OLD AND ABOVE		50,00 kn
10 SESSIONS (usable in 3 months)		300,00 kn
MONTHLY TICKET	4 times a week	380,00 kn
THREE-MONTH TICKET	3 times a week	580,00 kn
ANNUAL TICKET	3 times a week	700,00 kn

## FITNESS CENTER

Outside guests	60 min	60,00 kn
FITNESS TICKETS		
FULL WEEK		180,00 kn
10 SESSIONS (usable in 3 months)		200,00 kn
20 SESSIONS + SWIMMING POOL		350,00 kn
MONTHLY TICKET	unlimited number of sessions	280,00 kn
THREE-MONTH TICKET	unlimited number of sessions	580,00 kn
SIX-MONTH TICKET	unlimited number of sessions	880,00 kn
ANNUAL TICKET	unlimited number of sessions	1.100,00 kn

## GIFT VOUCHERS

Give with love and style – surprise your loved ones with an original gift!

Let them choose a relaxing treatment from our wellness offer in combination with relaxation in our SPA zone.

Milenij hoteli d.o.o. • V. Cara Emina 6, 51410 Opatija • +385 51 278 007 • info@amadriapark.com • www.amadriapark.com



www.facebook.com/amadriapark

## HOUSE RULES

To make your stay as pleasant and relaxing as possible, please observe the following rules:

### Privacy

The wellness centre is an area of silence that invites relaxation and peace. We therefore kindly ask you not to bring your mobile phones, cameras and other technical devices into the SPA zone.

### Booking an appointment

To book an appointment for a treatment, please contact the wellness reception at least one day in advance.

### Cancelling an appointment

A booked treatment may be cancelled up to 3 hours before the scheduled appointment, otherwise the client is required to pay 50% of the treatment price.

### Arrive on time

In the case of unexpected situations that cause a delay in arrival of more than 15 minutes, we may not be able to provide the service. Treatments are scheduled to end at a precise time in order to avoid any delay affecting the next client. In the case of a client being late, we shall charge the entire amount of the treatment.

### Treatment

To feel more comfortable, we recommend you come to the treatment in a bathrobe and slippers. Outside guests can obtain these at the wellness reception. Everything you need for a certain treatment will be put at your disposal during the treatment.

### Payment

The wellness centre reception accepts all major credit cards and cash. All hotel guests can charge used services to their room and pay when checking out of the hotel. Guests of other hotels from our hotel group can pay by credit card or in cash.

### Children in the SPA

Children up to 3 years of age are not recommended to use the pool. Children up to 16 years of age may use the pool only if accompanied by a parent. Clients up to 18 years of age are not allowed into the sauna zone.

Smoking and alcoholic beverages are not allowed inside the wellness centre except on the wellness terrace.



**Wellness Oasis**  
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All care has been taken to ensure information is correct at time of printing. We reserve the right to correct misprints.



www.instagram.com/amadriapark



Dear Guests,

Welcome to the new wellness oasis of the Grand Hotel 4 Opatijska Cvijeta!

Join us on the path to awakening your senses and vital energy, after which you can return to your everyday life filled with happiness and with a smile on your face. We invite you to enjoy the benefits of the well-preserved nature that surrounds us and its fantastic diversity. The cleanliness of the seawater in Kvarner Bay and the abundance that it offers, the refreshing mixture of the mountain and sea air of the area's therapeutic microclimate, combined with the fragrant aromas of the forests and meadows from nearby Mount Učka, make the Opatija Riviera a natural wellness destination providing ideal conditions for superb wellness experience. We have included all this wealth of nature in our wide range of wellness treatments and therapies, which you can enjoy in our wellness centre under the expert guidance of our professional therapists and attentive staff.

We have chosen the best of the best and included it in our wellness philosophy: live life to the fullest..

Wellness Oasis team



## MEDITERRANEAN CORNER

This corner offers traditional treatments with local medicinal herbs that have grown in this area for centuries. Providing deep relaxation with the aromas and touch of pure nature, these treatments will refresh and heal your body, spirit and mind at all levels. The products used for the treatments are prepared on the spot.

## HARMONY OF LAVENDER

LAVENDER AROMA EXFOLIATION	30 min	200,00 kn
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A combination of sea salt, essential lavender oil and dry lavender flowers.

LAVENDER RELAX	45 min	300,00 kn
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An aromamassage with a mixture of a base of cold pressed oil and essential lavender oil for complete relaxation.

LAVENDER REFRESH	60 min	350,00 kn
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Almond oil combined with dry lavender flowers has a gentle exfoliating effect, nourishes the skin, and provides a feeling of relaxation.

LAVENDER VITAL	60 min	400,00 kn
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A body massage with pindas filled with dry lavender flowers combined with warm aromatic oils that has a deep relaxing, cleaning and refreshing effect on your body.

LAVENDER DE LUXE	90 min	600,00 kn
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This superb ritual with lavender includes a cup of welcome tea upon arrival, a massage with dry lavender flowers and almond oil, facial care and a scalp massage.

## MEDITERRANEAN CORNER - CLEARNESS OF ROSEMARY

<b>ROSEMARY AROMA EXFOLIATION</b> A combination of sea salt and essential rosemary oil	<b>30 min</b>	<b>200,00 kn</b>
<b>SEA BREEZE</b> An aroma massage with an aromatic preparation of a base of cold pressed oil and essential rosemary oil which stimulates circulation and the process of body cleansing, and clears the mind.	<b>45 min</b>	<b>300,00 kn</b>
<b>SEA DEW</b> This stimulating, detox body massage with pindas filled with dry rosemary in combination with warm aromatic oils will refresh and clear your mind, body and spirit.	<b>60 min</b>	<b>400,00 kn</b>
<b>ROSEMARY DE LUXE</b> This superb ritual with rosemary includes a cup of welcome tea upon arrival, a massage with dry rosemary in combination with warm aromatic oils, facial care and a scalp massage.	<b>90 min</b>	<b>600,00 kn</b>



## MEDITERRANEAN CORNER - THE TIMELESS BEAUTY OF IMMORTELLE

<b>BEAUTY AROMA EXFOLIATION</b> A combination of sea salt, essential oil and dry immortelle flowers	<b>30 min</b>	<b>250,00 kn</b>
<b>DIVINE IMMORTELLE</b> This anti-age body massage with an aromatic preparation made of a base of cold pressed oil and essential immortelle and rose tree oils has a deep vitalising and regenerating effect on the skin and relaxes mind, body and spirit.	<b>45 min</b>	<b>450,00 kn</b>
<b>BEAUTY DE LUXE</b> This superb ritual with immortelle includes a cup of welcome tea upon arrival, an anti-age body massage, facial care and a scalp massage	<b>90 min</b>	<b>750,00 kn</b>
<b>IMMORTELLE BEAUTY</b> 100% anti age natural immortelle face treatment. Fixes tonus, regenerates, gives glow to the skin.	<b>60 min</b>	<b>550,00 kn</b>

## MEDITERRANEAN CORNER - GRANDMA'S HUG WITH ST. JOHN'S WORT AND SAGE

<b>AROMA EXFOLIATION WITH ST. JOHN'S WORT AND SAGE</b> A combination of sea salt, essential oil and dry flowers of St. John's wort and sage	<b>30 min</b>	<b>200,00 kn</b>
<b>INVIGORATING SAGE</b> An aromatic massage with a preparation made of a base of cold pressed oil and essential sage oil to relax muscles and create a feeling of ease in the body.	<b>45 min</b>	<b>350,00 kn</b>
<b>PAINLESS BACK WITH ST. JOHN'S WORT</b> This combination of a hydro massage and therapeutic back massage has a beneficial effect on sore backs exposed to stress and prone to reduced mobility.	<b>60 min</b>	<b>370,00 kn</b>
<b>TOUCH OF HEALING</b> This superb ritual with St. John's wort and sage includes a cup of welcome tea upon arrival, a hot stone back massage, an aromatic body massage with a preparation made of a base of cold pressed oil and essential sage and St. John's wort oil, and an acupressure scalp massage.	<b>75 min</b>	<b>500,00 kn</b>

<b>HER HOLINESS OLIVE</b> This superb ritual with her holiness olive includes a cup of welcome tea upon arrival, a refreshing and vitalising massage with dry basil in warm olive oil, and a nourishing and deeply relaxing facial and scalp massage	<b>60 min</b>	<b>450,00 kn</b>
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**NEW!!! TRY SPECIAL 100% natural cosmetics for your hair, face and body care. More info at our SPA front office!**



## MASSAGE CORNER

The choice of unique massage techniques brings intense physical and mental relaxation, balance and well-being of the body energies.

<b>INTERNATIONAL MESSAGES TRADITIONAL MASSAGE</b>	<b>45 min / 60 min</b>	<b>300,00 / 400,00 kn</b>
<b>SPORT MASSAGE</b> Full body	<b>60 min</b>	<b>500,00 kn</b>
<b>PARTIAL SPORT MASSAGE</b> Back / legs / hands	<b>30 min</b>	<b>300,00 kn</b>
<b>RELAX MASSAGE</b> Full body massage with carefully chosen aroma oils relaxes and helps with tension and pain.	<b>60 min</b>	<b>450,00 kn</b>
<b>ANTI-CELLULITE MASSAGE</b> Effective help in all stages of cellulite.	<b>45 min</b>	<b>260,00 kn</b>
<b>LYMPHATIC DRAINAGE (partial)</b>	<b>30 min / 60 min</b>	<b>260,00 / 400,00 kn</b>
Effective for the fluid ejection from the body. Perfect for circulation.		
<b>HOT STONE MASSAGE</b> Massage with hot volcanic stones for deep relaxation.	<b>60 min</b>	<b>450,00 kn</b>
<b>ANTI STRESS MOMENT</b> Masaža ruku, vrata, lica i vlasišta, opušta napetosti, energizira, balansira i pročišćava misli.	<b>30 min</b>	<b>260,00 kn</b>
<b>AROMA MASAŽA</b> Arms, shoulders, face and scalp massage, relaxes, energizes, balances and purifies thoughts.	<b>60 min</b>	<b>500,00 kn</b>
<b>PARTIAL RELAX MASSAGE OF YOUR CHOICE</b> Back / foot / face	<b>30 min</b>	<b>230,00 kn</b>
<b>PARTIAL THERAPEUTIC MASSAGE</b> *with personal consultation for instant exercise Currently eliminate back / shoulder / neck pain	<b>30 min</b>	<b>260,00 kn</b>
<b>MEDICAL MASSAGE</b> Classical medical massage for relaxation, perfect for reducing the tension after exertion, fatigue or pain.	<b>30 min</b>	<b>360,00 kn</b>
<b>FOOT REFLEXOLOGY MASSAGE</b> Stimulation of foot reflex zones provides smooth energy flow and vitality of body and mind.	<b>30 min</b>	<b>330,00 kn</b>
<b>LOMI LOMI NUI MASAŽA</b> This special massage technique relieves accumulated stress. A combination of long relaxing movements and pleasant fragrances of coconut oil and essential ylang-ylang oil relaxes at the physical, emotional and mental level.	<b>60 min</b>	<b>400,00 kn</b>



## MASAŽNI RITUALI

<b>HAMMAM BATHING RITUAL</b> Oriental ritual, complete body care starts with steam bath, continues with energizing brushing with glove of camel hair and vitalising massage in the 'cloud' foam.	<b>75 min</b>	<b>650,00 kn</b>
<b>HAMMAM DE LUXE BODY RITUAL</b> Oriental ritual is complete body care starting with steam bath, continues with energizing brushing with glove of camel hair and vitalising massage in the 'cloud' foam. Ritual finishes with a nourishing and relaxing body massage.	<b>120 min</b>	<b>850,00 kn</b>
<b>CHOCO PURE</b> Anti-stress face & body massage using home-made hot chocolate, nourishes skin, improves mood.	<b>60 min</b>	<b>480,00 kn</b>
<b>HONEY BLISS</b> Massage with honey and sea salt vitalises, heals and removes accumulated fluids from the body.	<b>45 min</b>	<b>420,00 kn</b>

## Body care COMFORT ZONE

<b>SKIN REGIMEN</b> The result is renewed skin, improved tone and a younger body appearance. This is a unique experience provided by a body scrub combined with a special massage inspired by the Kabat technique that strengthens tissue and boosts skin elasticity.	<b>60 min</b>	<b>350,00 kn</b>
<b>TRANQUILLITY PRO SLEEP</b> A massage that stimulates deep relaxation, regular breathing and muscle stretching by using aromatherapy and special massage brushes. The slow and hypnotic movements encourage the client to indulge completely and prepare him for sleep.	<b>60 min</b>	<b>500,00 kn</b>
<b>TRANQUILLITY RITUAL</b> A complete face and body treatment using a special massage technique which helps our body to relax completely and contributes to psychophysical equilibrium. The movements are slow, deep and pleasant. This massage helps deeply relax psychophysical tension and remove toxins from the body.	<b>60 min / 90 min</b>	<b>500,00 kn/650,00 kn</b>
<b>SALT MASSAGE</b> Salt – a symbol of life, happiness, health, and wellbeing. Known by ancient cultures for its therapeutic properties, salt protects, cleanses, and heals. This ancient salt ritual provides extraordinary benefits for the body, soothes muscle pain and tension, and stimulates the metabolism. It boosts circulation, detoxifies, and brings one's energy into balance. This is the ideal treatment for weight loss, and a very efficient one.	<b>50 min</b>	<b>550,00 kn</b>
<b>SALT MASSAGE RITUAL</b> This ritual includes a full body salt scrub and an extraordinary salt massage with warm Himalayan rock salt.	<b>75 min</b>	<b>750,00 kn</b>
<b>AROMA THERAPY WRAP</b> An intensive treatment with bandages based on essential oils that acts against cellulite and imperfections caused by poor blood circulation and fluid accumulation. There is an instantaneous feeling of lightness in the legs and visible results after the first treatment. Suitable for people with swollen legs and visible capillaries.	<b>60 min</b>	<b>500,00 kn</b>
<b>AROMA THERAPY FIRING</b> An intense treatment that uses a tamanu oil and green walnut mask to improve skin elasticity, reduce stretch marks, regenerate tissue, and provide an excellent hydrating effect.	<b>60 min</b>	<b>550,00 kn</b>

## Face treatments COMFORT ZONE

<b>SKIN REGIMEN</b> A revolutionary professional approach that provides incredible results after only 30 minutes of facial treatment. In young skin, it prevents the first signs of ageing, slowing down the process. Ideal for all climates and skin types throughout the year.	<b>45 min</b>	<b>450,00 kn</b>
<b>SUBLIME SKIN TRETMAN</b> <b>HYALURON / DOUBLE PEEL</b> A treatment that restructures, stimulates cell renewal, and restores radiance to the face, neck and décolletage. A double peel in combination with vitamin C ensures efficiency and provides a blitz effect. It is particularly recommended for mature, thickened skin and uneven complexions. It is also recommended for people with oily skin issues.	<b>45 min</b>	<b>450,00 kn</b>
<b>ANTI AGE/ ACTIVE LIFT</b> An anti-age and lifting treatment for the face and neck. It is suitable for all types of skin that have wrinkles and which have visibly lost tone and volume.	<b>60 min</b>	<b>650,00 kn</b>
<b>ANTI AGE/ DELUXE LIFT</b> A treatment that restructures and lifts the skin. In combination with ACTIVE LIFT MASSAGE, it stimulates cell renewal, fills in wrinkles, and lifts the volume of the face skin. It is particularly suitable for mature skin that is thickened and has an uneven complexion, wrinkles and has visibly lost tone and volume.	<b>75 min</b>	<b>750,00 kn</b>

## TRADITIONAL ORGANIC COSMETICS TREATMENTS

We proudly present high-quality treatments that reflect the uniqueness of the Mediterranean area. For massages, we use **Quarnero** products that are prepared to traditional and proven recipes in accordance with the highest cosmetics standards. They have **NATURE** and **SUITABLE FOR VEGANS** certificates. After giving you the massage of your choice, we'll give you the remainder of the 'golden oil' with a recommendation for home use as a souvenir of our wonderful region and the moments that you spent in our wellness centre.

<b>SPIRIT TREATMENT WITH SCENT OF MOUNT UČKA</b> PFor this massage, we use SCENT OF MOUNT UČKA oil, which has excellent regenerative properties. The rosemary, avender, and lemon oils create a pleasant feeling on the skin. The massage boosts circulation, soothes tired and irritated skin, and cleanses both body and mind. This treatment is also recommended for cellulite skin.	<b>45 min</b>	<b>500,00 kn</b>
<b>GIFT: Bottle with the remainder of the 'Scent of Mount Učka' oil from your massage.</b>		
<b>REFRESH TREATMENT WITH SCENT OF ISTRIA</b> This excellent combination of green mandarin, lavender and peppermint oils has excellent nurturing and refreshing properties. For this massage, we use fragrant dried lavender flowers soaked in lightly warmed oil, which results in a fantastic '2 in 1' effect: in addition to a gentle body scrub, the therapist also massages your body. The massage nurtures and refreshes your skin, has a deep relaxing effect, and relieves stress. Recommendation: after taking a shower, apply the Scent of Mount Učka oil in a thin layer on your skin.	<b>60 min</b>	<b>600,00 kn</b>
<b>GIFT: Bottle with the remainder of the 'Scent of Istria' oil from your massage..</b>		
<b>RELAX TREATMENT WITH SCENT OF KVARNER</b> For this massage, we use an oil with a combination of fragrances of rose geranium, lavender, and bergamot which is ideal for a tired skin and body. The body is massaged with pindas filled with lavender flowers soaked in warm Kvarner oil. This massage provides a pleasant feeling of comfort and deep relaxation. It helps cleanse your body and mind and bring your chakras into balance.	<b>45 min</b>	<b>600,00 kn</b>
<b>GIFT: Bottle with the remainder of the 'Scent of Kvarner' oil from your massage..</b>		
<b>SENSUAL TREATMENT – OPATIJA CAMELLIA</b> In this massage, we use an oil whose combination of flower essence fragrances contributes to creating a good mood. Thanks to its ingredients, the oil creates a feeling of comfort on the skin and has a nurturing, antioxidant, and soothing effect. This massage encourages the awakening of your own sensual ty and provides a lasting memory of the pleasant moments of your stay in Opatija.	<b>60 min</b>	<b>600,00 kn</b>
<b>GIFT: Bottle with the remainder of the 'Opatija Camellia' oil from your massage..</b>		