



# Milenij Spa

SPA MENU

  
AMADRIA PARK  
MILENIJ



**ELEMIS**  
DEFINED BY NATURE, LED BY SCIENCE



## NJEGA LICA // FACIAL TREATMENT

### FACE: TOUCH

#### TOUCH: ANTI-AGEING

**ELEMIS Pro-Collagen Age Defy | 30/60 min | 450,00/800,00 kn**  
Rješavanje finih linija i bora s klinički dokazanim koristima morskih algi, Padina Pavonica i crveni koralj, koje prkose godinama. Ciljana masaža potiče optimalnu funkciju stanica za bogato njegovanu, kožu mlađeg izgleda.

*This clinically proven facial removes wrinkles and fine lines with the benefit of sea algae and Padina pavonica. Targeted massage encourages optimal cell function, for deeply nourished and younger skin.*

#### TOUCH: SKIN SOLUTIONS

**ELEMIS Superfood Pro-Radiance | 30/60 min | 450,00/750,00 kn**  
Nutritivna opskrba bogata aktivnim tvarima koje vraćaju energiju, superhranom i esencijalnim mineralima dizajnirana za beživotnu kožu pod stresom, kojoj je potreban detoks. Klinički dokazan tretman čini kožu popunjenom, blistavom i optimalnog zdravlja. Skin energy is restore with the aid of active ingredients, superfood and essential vitamins and minerals. For detoxification of stressed and dull skin. Clinically proven facial leaves the skin healthy luminous and with youthful glow.

**ELEMIS Anti-Blemish Mattify and Calm | 30/60 min |**

**400,00/750,00 kn**

Otkriće za masnu, problematičnu ili kožu sklonu hormonalnim promjenama. Tretman lica koji matira, protiv masnoće i sjaja, s masažom koja obnavlja mikrocirkulaciju. Dubinski detoks tretman za čišću, svježiju kožu

*The best facial for oily, problematic and hormonal skin. Mattify facial, that will balance sebum secretion. Deep detox treatment for fresh and clean skin.*

### FACE: TECHNOLOGY

#### TECHNOLOGY: ANTI-AGEING

**ELEMIS BIOTEC Firm-a-Lift | 30/60 min | 550,00 kn/1.150,00 kn**  
Ponovno otkrijte strukturu Vašeg lica s revolucionarnim spojem masaža za oblikovanje i galvanske tehnologije. Koža je vidljivo ojačana, konture su značajno podignute. Učinci: podiže, oblikuje, pojačava konture

*Rediscover the architecture of your face with this ground- breaking blend of massage and sculpturing galvanic technology. Skin is visibly strengthened for a contoured complexion that is remarkably lifted.*

**ELEMIS BIOTEC Skin Resurfacing | 30/60 min | 550,00/1.050,00 kn**

Revolucionarni klinički dokazan tretman lica riješava neujednačen ton kože, nepravilnosti i fine linije kako bi poboljšao teksturu kože. Ultrazvučni piling, masaža i terapija svjetlom pružaju ten koji nikada nije bio gladi. Učinci: zaglađuje, ujednačava, detoksicira

*This revolutionary clinically proven treatment addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel, massage and light therapy deliver a complexion that has never been smoother.*

#### TECHNOLOGY: SKIN SOLUTIONS

**ELEMIS BIOTEC Radiance Renew | 30/60 min | 460,00/850,00 kn**  
Tretman koji vraća energiju stanicama beživotne kože. Ultrazvučni piling stimulira uklanjanje nečistoća i mrtvih stanica kože, dok galvanske struje pomlađuju, vraćaju vlagu za trenutno čišću i vidljivo osveženju kožu. Učinci: posvjetljuje, revitalizira, vlaži

*This cellular boosting treatment targets sluggish complexions. The ultrasonic peel stimulates the renewal of impurities and dead skin cells, while galvanic rejuvenating current restores moisture for instantly clearer and visibly brighter skin.*

**ELEMIS BIOTEC Blemish Control | 30/60 min | 550,00/880,00 kn**

Detoks tretman koji dubinski čisti i obnavlja oštećeno tkivo. Ultrazvučni piling, masaža, para i galvanske struje dubinski pročišćuju i poliraju. Snažni anti-oksidansi umiruju, dok terapija svjetlom pomaže pročišćiti ten. Učinci: Čista, glatka i sjajna koža

*A deep cleansing facial that detoxifies and repair damage tissue. Ultrasonic vibrations, massage, steam and galvanic currents thoroughly decongest and exfoliate. Powerful antioxidant soothe, while light therapy helps clear the complexion.*

**ELEMIS BIOTEC Sensitive Skin Soother | 30/60 min |**

**550,00/880,00 kn**

Tretman protiv crvenila umiruje osjetljivu kožu. Infuzija kisikom potiče obnovu stanica, a crveno svjetlo i umirujući antioksidansi poboljšavaju sposobnost samoonavljanja kože. Rezultat je umirena koža. Učinci: smiruje, ublažava, vlaži.

*This anti redness treatment soothes sensitive skin. An oxygen infusion encourages cellular restoration, while red light therapy and calming antioxidants improve the skin ability to repair itself. The result is calm and soothed skin.*

### MEN: TECHNOLOGY

**ELEMIS BIOTEC Super-Charger for Men | 30/60 min |**

**550,00/880,00 kn**

Tretman lica protiv stresa, starenja i umora, aktivne tvari potiču dinamičnost kože. Ultrazvučni piling, para i galvanske struje pružaju dubinsku čistoću i rezultate koji štede vrijeme. Učinci: vlaži, energizira, čisti

*The facial to de-stress, de-age and de-fatigue the male complexion while activating ultimate skin dynamism. Ultrasonic peel, steam and galvanic current deliver a deep clean for a multi- tasking, time efficient solution.*

## BEAUTY

### ELEMIS BEAUTY

#### BODY: HANDS AND FEET

**ELEMIS Garden of England Rose Restore Hand Treatment with manicure | 75 min | 400,00 kn**

Završna njega regeneracije, obnavljanja, anti-age tretmana ruku. Ciljamo starosne mrlje i suhu kožu. Lakiranje noktiju.

*Hand massages are alarmingly relaxing. And this is the last word in conditioning, restorative and anti ageing hand treatments. Targeting age spot and dryness, you will waft out the softest little paws and a blissed.*

**ELEMIS Best Foot Forward with pedicure | 75 min | 450,00 kn**

Prepustite se ovom tretmanu stopala koji opušta napetosti. Potkoljenice i stopala su dobinski ispolirana, okupana i izmasirana. Hranjiva njega koja ostavlja stopala glatka i meka. Lakiranje noktiju.

*Take a load off with this foot- focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Softens and smoothes to leave feet as supple and fragrant as a Rose.*

**SPA Manicure | 45 min | 270,00 kn**

Kupka, oblikovanje i poliranje noktiju, masaža  
*Nail soak, shape and varnish, massage*

**SPA Pedicure | 60 min | 330,00 kn**

Kupka, oblikovanje i poliranje noktiju, masaža  
*Nail soak, shape and varnish, massage*

#### Lakiranje

**Nail varnish 80,00 kn**

#### French lakiranje

**French varnish 120,00 kn**

#### Nanošenje trajnog laka

**Permanent nail varnish application 150,00 kn**

#### Uklanjanje trajnog laka

**Permanent nail varnish removal 70,00 kn**

#### KOZMETIKA / COSMETICS

##### Oblikovanje obrva

**Eyebrow shaping 75,00 kn**

##### Bojanje obrva ili trepavica

**Eyebrow or eyelash tinting 90,00 kn**

##### Feniranje kose (uz najavu)

**Hair styling (by appointment) 150,00 kn**

#### MAKE UP

##### Dnevni look 20 min

**Day-time look 20 min 150,00 kn**

##### Noćni glam look

**Night-time glam look 250,00 kn**

#### Depilacija / Waxing

**Cijele noge / Full leg 200,00 kn**

**Pola nogu / Half leg 140,00 kn**

**Ruke, lice / Arms, face 100,00 kn**

**Bikini zona / Bikini area 150,00 kn**

**Nausnica / Upper lip 50,00 kn**

##### Muška depilacija prsa

**Men's chest hair removal 160,00 kn**

##### Muška depilacija leđa

**Men's back hair removal 200,00 kn**

## MASAŽE // MASSAGE

### BODY: MASSAGE

**ELEMIS Freestyle Deep Tissue Massage | 30/60 min |**

**300,00/600,00 kn**

Vaš terapeut odabire aromatično ulje prema Vašim prioritetima, bilo to mišićna bol, opuštanje stresa, za relaksaciju ili balans. Dinamična masaža djeluje duboko u tenzije, potičući optimalnu cirkulaciju.

*Your therapist choose aromatic oil which is tailored to your needs- muscle pain, relaxation or balans. Dynamic massage works deeply into tension encouraging optimum circulation.*

**ELEMIS Deeper Than Deep Hot Stone Massage | 60 min |**

**700,00 kn**

Kamenje s Balijsa, okupano u Frangipani Monoi Body ulju, djeluje duboko u mišićima, predjelima napetosti. Rezultat je blistava vitalnost sa dodatnom intenzivnom hidratacijom kože.

*Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.*

### ELEMIS Garden of England Rose Restore

**Za 1 osobu / for 1 person | 90 min | 1.200,00 kn**

**Za 2 osobe / for 2 persons | 90 min | 2.000,00 kn**

Prošećite engleskim ružičnjakom uz ovu raskošnu hidratantnu masažu tijela. Jedinstveni trio ruže, kameline (podlanak) i ulja sjemena maka čine kožu dubinski hidratiziranom, intenzivno podatnom i delikatnog mirisa.

*Take a walk in an English Rose Garden with this lavishly hydrating body massage and micro- wrap. The unique- trio of Rose, Camellina and Poppy seed oil maintain and restore elasticity, whilst encouraging skin renewal. The skin is anointed with nourishing oils whilst a nutritive balm and bespoke massage comfort the skin, and ground the spirit.*

### BODY: SCRUBS AND WRAPS

#### ELEMIS Body Nectar Nourishing Wrap - Sweet Orchid or

**Frangipani | 90 min | 900,00 kn**

Baršunasta tekstura Monoi Ulja pruža-hidrataciju, okrepljujući žednu kožu. Ogrnuti ste toplim wrap-om dok arome i ulja balansiraju raspoloženje i regeneriraju kožu.

*The velvety texture of the Monoi oil offers super- hydration, quenching a thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention payed to particularly parched areas. You are kept cocooned and warm while the mood balancing aromatics and skin conditioning oils do their work.*

#### ELEMIS Intensely Cleansing Salt Scrub - Lime and Ginger or

**Frangipani | 30 min | 400,00 kn**

Mirisne soli nježno poliraju mrtve stanice kože, potičući regeneraciju novih stanica. Ostavlja kožu spremnom za upijanje hranjivog ulja.

*The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.*

### BODY: DETOX AND CELLULITE

**ELEMIS Thousand Flower Detox Wrap | 60 min | 800,00 kn**

Detoks-wrap bogat nutrijentima, dubinski hranjivim Green Tea balzomom potiče optimalno zdravlje kože i snažan detoks. Stimulira proces eliminacije i vraća ravnotežu za potpunu obnovu.

*Enriched by Somerset soil packed with tree, flower and grass rich nutrients, this treatment provides super skin health and powerful detoxification, helping stimulate the elimination process and restore equilibrium. Leaving you feeling completely reinvigorated and the body firing all cylinders.*

**Milenij Choco | 60 min |**

**500,00 kn**

Anti stres masaža tijela i lica toplom čokoladom nahranit će kožu i čula i popraviti raspoloženje

*This anti-stress body and face massage with warm chocolate will nourish your skin and senses and improve your mood*

## SPA SVIJET // SPA WORLD

**Spa dan / Spa Day | max 180 min | 250,00 kn**

Korištenje svih sadržaja wellness centra (bazen, finska sauna, turska kupelj, ledena fontana, relax zona i vanjski jacuzzi, svježe voće i čaj)  
*Use of all wellness facilities (swimming pool, Finnish sauna, Turkish bath, ice fountain, relax zone and outdoor Jacuzzi)*

**Solna kupelj / Salt bath | 30 min | 150,00 kn**

Terapija aerosolima pomaže izlučivanju viška tekućine iz organizma. Osnažuje i pročišćava dišni sustav, izvrsna terapija kod astme i bronhitisa, kao i za pušače. Odlična priprema tijela za sve tretmane

*Aerosol therapy helps eliminate surplus liquid from the body. It also strengthens the respiratory system, which makes it an excellent therapy for asthma and bronchitis, as well as for smokers. Excellent body preparation for all treatments.*

**Solna kupelj (za dvoje) / Salt bath (for two) | 30 min | 270,00 kn**

## POKLON BONOVI // GIFT CARDS

**Razveselite svoje najmilije poklon bonom u MILENIJ SPA wellness centru**

*Surprise your loved one with a gift voucher for MILENIJ SPA wellness centre*

## SPA ETIQUETTE

- **Procedura privatnosti / Privacy**

Wellness centar je područje tišine, te poziva na opuštanje i mir.

U saune se ulazi bez kupaćeg kostima i sjedi na ručniku, dok je u ostatku wellnessa obavezno nositi isti. Prije ulaska u bazen i jacuzzi obavezno je tuširanje.

*The wellness centre is an area of tranquility, for relaxation and unwinding. It is permitted to use the saunas without a bathing suit however a towel must be used, whilst in all other wellness areas a bathing suit must be worn. Showering is compulsory prior to entering the pool and Jacuzzi.*

- **Rezervacija ležaljki / Sunbeds reservation**

Ležaljke na wellness terasi nije moguće rezervirati unaprijed. Ukoliko se ležaljka ne koristi 2 sata osoblje wellnessa može je ustupiti drugim gostima.

*Sunbeds on the wellness terrace can not be booked in advance. If a chair is not in use for 2 hours, the staff may allocate it to another guest.*

- **Rezervacija termina / Booking an appointment**

Kako biste odabrali željeni termin za tretmane molimo Vas kontaktirajte wellness recepciju najmanje jedan dan prije željenog termina.

*To book an appointment for a treatment, please contact the wellness reception at least one day in advance.*

- **Otkazivanje termina / Cancelling an appointment**

Rezervirani tretman može se odgoditi najmanje 3 sata prije zakazanog termina, u suprotnom klijent snosi 50% od cijene tretmana

*A booked treatment may be cancelled up to 3 hours before the scheduled appointment, otherwise the client is required to pay 50% of the treatment price.*

- **Kašnjenje na tretman / Arrive on time**

U slučaju nepredvidivih situacija zbog kojih klijent zakasni na termin duže od 15 min, uslugu možda nećemo biti u mogućnosti pružiti. Tretmani završavaju u točno predviđeno vrijeme kako kašnjenje ne bi utjecalo na slijedećeg klijenta.

*In the case of unexpected situations where a delayed arrival of more than 15 minutes for an appointment occurs, we may not be able to provide the service. Treatments are scheduled to end at a precise time in order to avoid any delays affecting the next client. In the case of a client being late, we shall charge the entire treatment amount.*

- **Dolazak na tretman / Treatment**

Kako biste se ugodnije osjećali savjetujemo da na tretman dođete u bademantilu i papučama, dok vanjski gosti isto preuzimaju na wellness recepciji. Sve što je potrebno za određeni tretman biti će vam na raspolaganju za vrijeme tretmana.

*For your personal comfort, we recommend that you arrive to the treatment in a bathrobe and slippers. Day guests may obtain these items at the wellness reception. Everything required for your treatment will be provided at the time of treatment.*

- **Plaćanje / Payment**

Recepcija wellness centra prihvaća većinu kreditnih kartica te gotovinu za plaćanje. Svi hotelski gosti imaju mogućnost korištene usluge teretiti na račun sobe te platiti prilikom odlaska. Gosti iz ostalih hotela naše grupacije imaju mogućnost plaćati karticom ili gotovinom.

*The wellness centre reception accepts payment in the form of all major credit cards and cash. All hotel guests may charge used services to their room and pay upon check out. Guests of other hotels from our hotel group may pay by credit card or in cash.*

- **Djeca / Children**

Djeci do 3 godine dozvoljeno je koristiti bazen samo uz korištenje pelena za vodu. Djeci do 16 godina dozvoljeno je koristiti bazen samo u pratnji roditelja. Djeci do 18 godina nije dozvoljeno koristiti zonu sauna.

*Children up to 3 years are allowed to use the pool only with the use of swim diapers. Children up to 16 years are allowed to use the pool only if accompanied by parents. Children under the age of 18 are forbidden to use the sauna area.*

Pušenje i konzumacija alkoholnih pića nije dopuštena u unutarnjem prostoru wellness centra, osim na wellness terasi.

*Smoking and alcoholic beverages are not permitted inside the wellness centre except on the wellness terrace.*

Milenij Spa

radno vrijeme / hours: 08:00 – 21:00

T + 385 51 202 050

[wellness.milenij@amadriapark.com](mailto:wellness.milenij@amadriapark.com)

Amadria Park Milenij

Milenij hoteli d.o.o. OIB: 787 9688 0101

V. Cara Emina 6, HR-51410 Opatija

[www.amadriapark.com](http://www.amadriapark.com)