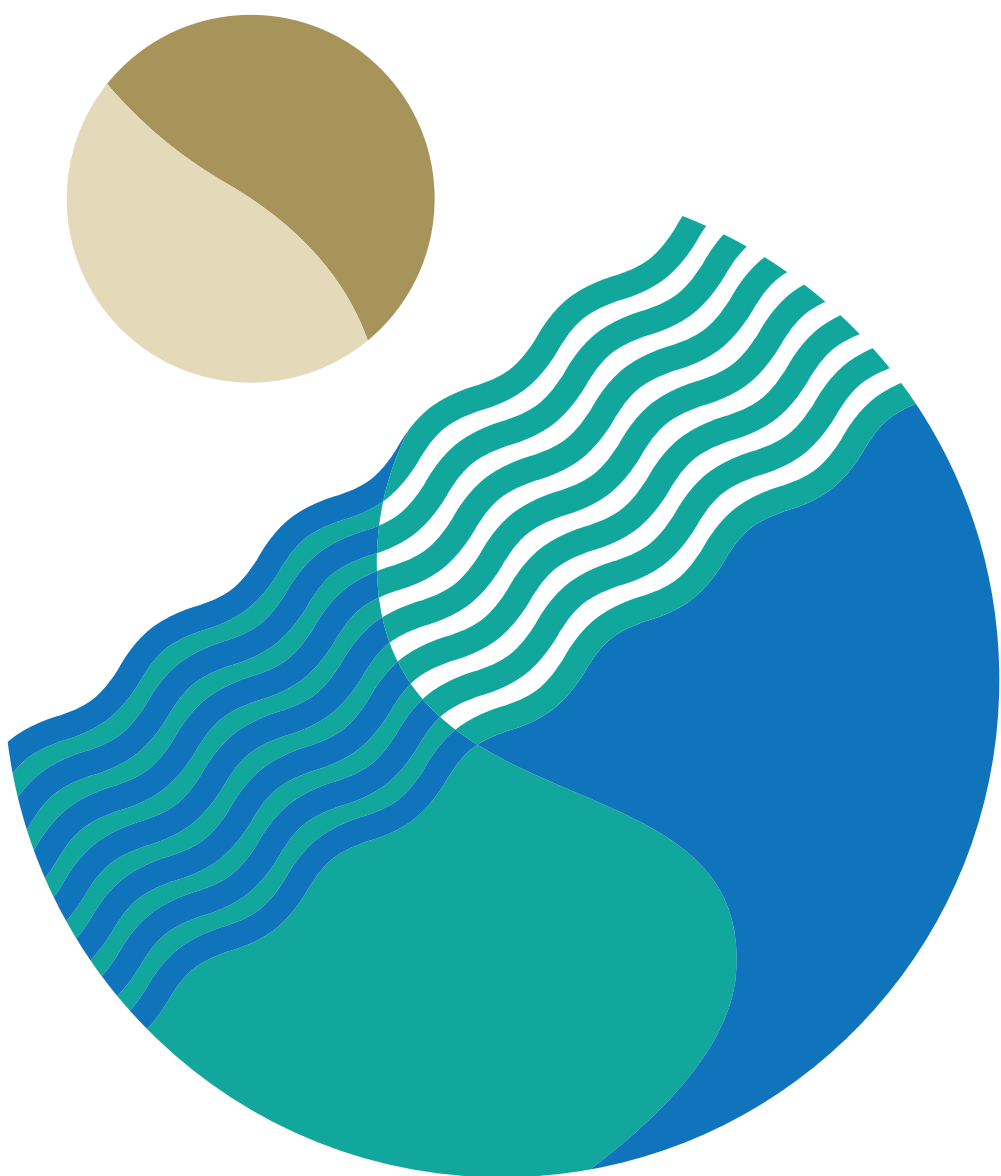




MILENIJ SPA
PRICELIST

TRETMANI TIJELA / BODY RITUALS

Marine body scrub | 25 min **70,00 €**
Potpuno prirodan piling tijela koji stimulira osjetila, ostavljaajući kožu nježno namirisanom i beskrajno mekom i glatkom. An entirely natural body exfoliation that stimulates the senses, leaving the skin delicately scented and infinitely soft and smooth.

ALGOTHERM - Anti Jet Lag | 45 min **110,00 €**
Tretman za noge koji rješava težinu u nogama nakon dugog putovanja, loše spavanje ili simptome lošeg raspoloženja. Izvode se masažni pokreti koji uključuju masažne rukavice i Gua Sha te aplikaciju osvježavajućeg gela za umorne noge. A foot treatment that relieves heaviness in the legs after a long journey, poor sleep or symptoms of a bad mood. Massage movements are performed that include massage gloves and Gua Sha, and the application of a refreshing gel for tired legs.

ALGOTHERM - Seaweed body relax treatment | 55 min **150,00 €**
Primjena morskih algi remineralizira kožu i pomaže u uklanjanju toksina. Ovaj tretman pruža efekt detoksikacije i mršavljenja, a oblog od morskih algi hrani kožu. The seaweed application remineralises the skin and helps to eliminate toxins. This treatment provides a detoxification and weight loss effect, and the seaweed wrap nourishes the skin.

TEHNOLOGY SKIN SOLUTIONS

LED Beauty Mask | 15 min | **40,00 €**
Specijalizirani tretman infracrvenim svjetlima potiče prirodnu proizvodnju kolagena, zateže opuštenu kožu, smanjuje bore i fine linije, tretira akne i upale. Pomladite se i osvježite našom LED maskom. Specialized treatment with infrared lights stimulates the natural production of collagen, tightens sagging skin, reduces wrinkles and fine lines, treats acne and inflammation. Rejuvenate and refresh with our LED Beauty Mask Treatment.

ALGOTHERM - Lift'in 3D | 15 min | **53,00 €**
Inovativni tretman koji koristi ultrazvuk s mikro strujom i Led svjetlom koji potiču kožu da apsorbira oksigenirajuće i hidratantne aktivne sastojke, a kao rezultat toga koža postaje čvršća i otpornija. Innovative treatment that uses ultrasound with micro current and led light to encourage the skin to absorb oxygenating and moisturizing active ingredients, and as a result the skin becomes firmer and more resistant.

TRETMANI LICA / FACIAL TREATMENTS

ALGOTHERM - Dermo lounge ocean eyes | 15 min | **73,00 €**
Tretman lica posebno dizajniran za umorne oči. Proces koji nježno rasteže kožu oko očiju, koristeći osvježavajuće krioglobuse za stimulaciju područja, uklanjanje začepljenih podočnjaka i poticanje cirkulacije. Facial treatment, specifically designed for tired eyes. A process that gently stretches the skin around the eyes, using refreshing cryoglobles to stimulate the area, decongest dark circles and boost circulation.

ALGOTHERM - Ocean origins facial | 25 min | **90,00 €**
Ovaj tretman uključuje jednu od dvije ultra-ciljane tehnologije, Led i Ultrazvučna tehnologija koji stimuliraju metabolizam stanica za potpunu regeneraciju i reaktivira prirodni process pomlađivanja tkiva za vidljiv i trenutni učinak liftinga. Facial treatment, specifically designed for tired eyes. A process that gently stretches the skin around the eyes, using refreshing cryoglobles to stimulate the area, decongest dark circles and boost circulation.

ALGOTHERM - Ocean origins facial | 50 min | **115,00 €**
Tretman koji potiče staničnu aktivnost kože i dubinsku stimulaciju tkiva za regeneraciju i obnavljanje dehidrirane i kože bez sjaja. Nakon njege tretmanom Gua sha / cupping metodom ublažit će se napetost lica i dati osjećaj svježine. Treatment that stimulates cellular activity of the skin and deep tissue stimulation for regeneration and restoration of dehydrated and lackluster skin. After the treatment with the Gua sha / cupping method, tension on the face will be alleviated and it will give a feeling of freshness.

ALGOTHERM - Ocean origins facial | 80 min | **179,00 €**
Profesionalni tretman za učvršćivanje kože, oblikovanje lica i vraćanje blistavosti tena. Dodaci s potpisom pomno su odabrani kako bi pružili prilagođenu dubinsku masažu tkiva za blistaviju kožu koja izgleda vidljivo mlađe. An expert professional treatment to firm the skin, sculpt the face and restore the complexion's radiance. Signature accessories are carefully chosen to provide a bespoke deep tissue massage for more radiant skin that looks visibly younger.

MASAŽA / MASSAGE

Hot Stone Massage | 50 min | **110,00 €**
Masaža vrućim kamenjem s Balija i esencijalnim uljima. Djeluje duboko na mišiće, opušta cijelo tijelo i daje koži intenzivnu hidrataciju. Hot stone massage with stones from Bali and essential oils. It acts deeply on the muscles, relaxes the whole body and gives the skin intense hydration.

Aroma Spa Massage | 30 / 50 min | **70,00 € / 105,00 €**
Odaberite svoj mediteranski miris (citrusi, lavanda, smilje ili mandarina) i aromaterapijom uklonite stres. Pomno odabrana esencijalna ulja ublažavaju eventualne tegobe, vraćaju vitalnost i regeneriraju kožu. Choose your mediterranean scent (citrus, lavender, immortelle or mandarin) and remove your stress with aromatherapy. Carefully selected essential oils will reduce ailments, restore your vitality and regenerate the skin.

Amadria Park Choco Massage | 60 min | **110,00 €**
Senzibilna masaža toplom čokoladom potiče lučenje hormona sreće, podiže raspoloženje i osjećaj zadovoljstva. Pomladite se prirodnom kombinacijom antioksidansa, vitamina i proteina uz nezaboravan osjećaj tople čokolade na svom tijelu. Sensitive hot chocolate massage stimulates the secretion of happiness hormones raising mood and a feeling of satisfaction. Rejuvenate yourself with a natural combination of antioxidants, vitamins and proteins with an unforgettable sensation of hot chocolate on your body.

De Stress Massage | 30 min | **65,00 €**
Opuštajuća masaža, pomaže kod pojačanog stanja stresa, napetosti i glavobolje. Relaxing massage relieves stress, tension and headaches.

Freestyle Deep Tissue Massage | 30 / 50 min | **68,00 € / 100,00 €**
Preпустite se stručnim rukama terapeuta i opustite tijelo i um posebno odabranim uljima i stručnim pokretima koje će potaknuti cirkulaciju i osloboditi vas stresa. Stimulacijom tkiva smanjite nivo kortizola, potaknite cirkulaciju i vratite energije Vašem tijelu. Indulge in the expert hands of a therapist and relax your body and mind with specially selected oils and professional movements that will stimulate circulation and relieve you of stress. By stimulating tissues, you reduce cortisol levels, stimulate circulation and restore energy to your body.

Pinda Massage | 50 min | **115,00 €**
Aromatične pinde ispunjene kombinacijom mediteranskog ljekovitog bilja hrane kožu, a njihov opojni miris opušta i relaksira. Drenažnim pokretima pindama zagrijanim u aromatičnom ulju povećava se protok energije i revitalizira organizam. Koža postaje svilenkasta, a tijelo spremno za nove izazove. Aromatic pinda's filled with Mediterranean medicinal herbs nourish the skin, and the intoxicating scent of herbs relaxes and unwinds. Drainage movements of pinda's heated in essential oil increase energy flow and revitalize the body. The skin becomes silky, and the body is ready for new challenges.

Sports Massage | 50 min | **110,00 €**
Ova specifična masaža idealan je izbor za rješavanje boli i grčeva u mišićima te opuštanje umornih mišića. Korištenjem različitih masažnih tehnika povećava se protok krvi i tretira mekano tkivo nakon ozlijeđa. Poboljšava psihofizičku učinkovitost, smanjuje anksioznost i stimulira organizam. This specific massage is ideal for pain relief and resolving muscle cramps. It uses a range of massage techniques to increase the blood flow and breaks down inflexible scar tissue. Improves psychophysical performance, reduces anxiety and boosts the body.

Amadria Park Milenij Massage | 90 min | **175,00 €**
Masaža ekskluzivnim uljima prilagođena Vašim individualnim potrebama. Vraća tijelo u ravnotežu, regenerira kožu, ublažava stres i vraća osmijeh na lice. Massage with exclusive oils tailored to your individual needs. It restores the body to balance, regenerates the skin, relieves stress and puts a smile back on your face.

DODIR LJEPOTE / BEAUTY TOUCH

Oblikovanje obrva / Eyebrow shaping **12,00 €**

DEPILACIJA TIJELA / BODY WAXING
Djelomična depilacija (pola nogu / bikini) / Half leg / bikini wax **30,00 €**
Depilacija cijele noge / Full leg wax **43,00 €**
Depilacija nausnica / Upper lip wax **20,00 €**
Depilacija pazuh / Armpit wax **25,00 €**
Muška depilacija: leđa ili prsa / Men's Waxing: back or chest **47,00 €**

MANIKURA I PEDIKURA / MANICURE AND PEDICURE
Manikura / Manicure | 45 min | **45,00 €**
Kupka, piling, maska, oblikovanje i rašpanje noktiju / Soak, scrub, mask, shape and file
Pedikura / Pedicure | 60 min | **55,00 €**
Kupka, piling, maska, oblikovanje i rašpanje noktiju / Soak, scrub, mask, shape and file
Lakiranje noktiju / Nail polish application **20,00 €**
Trajni lak / Perm. veneer nail polish **45,00 €**
Skidanje trajnog laka / Perm. nail polish removal **20,00 €**
(Akriil i gel ne skidamo! / We do not remove acrylics or gels!)
Make up (na upit) **80,00 €**

SPA PONUDA / SPA OFFER

SPA DAY | max 180 min | **35,00 €**
Korištenje svih sadržaja wellness centra (bazen, finska sauna, turska kupelj, ledena fontana, relax zona i vanjski jacuzzi, svježe voće i čaj). Use of all wellness facilities (swimming pool, Finnish sauna, Turkish bath, ice fountain, relax zone and outdoor Jacuzzi)

Solna kupelj / Salt bath | 30 min | **40,00 €**
Terapija aerosolima pomaže izlučivanju viška tekućine iz organizma. Osnažuje i pročišćava dišni sustav, izvrsna terapija kod astme i bronhitisa, kao i za pušače. Odlična priprema tijela za sve tretmane. Aerosol therapy helps eliminate surplus liquid from the body. It also strengthens the respiratory system, which makes it an excellent therapy for asthma and bronchitis, as well as for smokers. Excellent body preparation for all treatments.

POKLON BONOVI /GIFT VOUCHERS

Razveselite svoje najmilije poklon bonom u Milenij Spa. Dostupno na recepciji Wellnessa. Surprise your loved one with a gift voucher for Milenij Spa. Available from Wellness reception.

SPA & WELLNESS ETIQUETTE



Spa & wellness dress code

Dozvoljen je ulazak u saune bez kupaćeg kostima uz obavezno korištenje ručnika. Imajte na umu da naše saune zajednički koriste žene i muškarci. U svim ostalim spa zonama mora se nositi kupaći kostim.

Entry to the sauna without a bathing suit is permitted, however a towel must be used. Please note that our saunas are mixed gender. In all other spa areas a bathing suit must be worn.



Tuširanje / Showering

Tuširanje je obavezno prije ulaska u bazen, jacuzzi i saune i ako je potrebno i prije tretmana.

Showering is compulsory prior to entering the pool, Jacuzzi and sauna, and prior to treatment if required.



Rezervacija ležaljki / Sunbed reservation

Ležaljke na Spa terasi nije moguće rezervirati unaprijed. Ukoliko se ležaljka ne koristi 2 sata osoblje wellness centra može je ustupiti drugim gostima.

Sunbeds on the wellness terrace cannot be booked in advance. If a chair is not in use for two hours, the staff may allocate it to another guest.



Rezervacija termina / Appointment booking

Kako biste odabrali željeni termin za tretmane molimo Vas kontaktirajte wellness recepciju najmanje dan prije željenog termina.

To book an appointment for a treatment, please contact the wellness reception at least one day in advance.



Otkazivanje termina / Appointment cancellation

Rezervirani tretman može se odgoditi najmanje 3 sata prije zakazanog termina, u suprotnom klijent snosi 50% od cijene tretmana.

A booked treatment may be cancelled up to three hours before the scheduled appointment, otherwise the client is required to pay 50% of the treatment price.



Kašnjenje na tretman / Arrive on time

U slučaju nepredvidivih situacija zbog kojih klijent zakasni na termin duže od 15 min, uslugu možda nećemo biti u mogućnosti pružiti. Tretmani završavaju u točno predviđeno vrijeme kako kašnjenje ne bi utjecalo na slijedećeg klijenta. U slučaju kašnjenja tretman će biti naplaćen u cijelosti. Rezervaciju tretmana poslati ćemo na email.

In the case of unexpected situations where a delayed arrival of more than 15 minutes for an appointment occurs, we may not be able to provide the service. Treatments are scheduled to end at a precise time in order to avoid any delays affecting the next client. In the case of a client being late, we shall charge the entire treatment amount. Your appointment will be confirmed via email.



Dolazak na tretman / Preparing for treatment

Molimo da dođete 10 min prije zakazanog termina, kako biste imali dovoljno vremena da se pripremite za tretman.

Please arrive 10 minutes before your appointment so that you have sufficient time to prepare for treatment.



Plaćanje / Payment

Recepcija wellness centra prihvaća većinu kreditnih kartica te gotovinu za plaćanje. Svi hotel-ski gosti imaju mogućnost korištene usluge teretiti na račun sobe te platiti prilikom odlaska.

The wellness centre reception accepts payment in the form of all major credit cards and cash. Hotel guests may charge utilised services to their room and pay upon check-out.



Djeca / Children

Djeca do 3 godine dozvoljeno je korištenje bazena samo uz korištenje pelena za vodu. Djeci ispod 16 godina dozvoljeno je korištenje bazena samo uz pratnju roditelja. Djeci ispod 16 godina nije dozvoljeno korištenje sauna i Spa zone. Djeci ispod 12 godina nije moguće odraditi masaže i tretmane. Djeca od 12 do 17 godina koji koriste usluge, roditelji moraju potpisati suglasnost.

Children up to three years are allowed to use the pool only with the use of swim diapers. Children up to 16 years are allowed to use the pool only if accompanied by parents / guardian. Children under the age of 16 are not permitted to use the sauna and spa area. Children under 12 may not receive massage, children from 12 to 17 require parental permission.



Za vašu udobnost / For your comfort

Wellness centar je područje tišine, te poziva na opuštanje i mir. Pušenje i konzumacija alkoholnih pića nije dopuštena u unutarnjem prostoru wellness centra, osim na wellness terasi.

The spa centre is an area of tranquility, for relaxation and unwinding. Smoking and alcoholic beverages are not permitted inside the wellness centre except on the wellness terrace.

Milenij Spa | radno vrijeme / working hours: 08:00 – 21:00 h |

T + 385 51 202 050 | wellness.milenij@amadriapark.com | www.amadriapark.com

Amadria Park Hotel Milenij*****

Milenij hoteli d.o.o. | Viktora Cara Emina 6, HR-51410 Opatija | OIB 78796880101