

AMADRIA PARK
GRAND HOTEL 4 OPATIJSKA CVIJETA

WELLNESS & SPA

VITA MARIS

ENG



AMADRIA PARK

Welcome to **Vita Maris** Spa & Wellness,
an oasis where the sea heals not only the body but
also awakens the soul.

Here begins your story of natural rejuvenation.





The path to balance of body, mind, and soul

In the gentle embrace of the Opatija region -
once a favored retreat of European aristocracy
- breathe in the sea air rich in healing aerosols,
rejuvenate through the power of natural
elements and modern wellness concepts, and
discover your own rhythm of longevity.

Vita Maris, meaning “**Life of the Sea**” is
divided into three carefully designed zones,
guiding you on a journey toward inner harmony.



WORLD OF SAUNA

Give your skin a radiant glow and restore the strength of body and soul.

Rituals of warmth and silence

Step into the world of saunas, where warmth, coolness, and the healing power of minerals regenerate your body. This adults-only zone, thoughtfully designed for complete serenity, invites you to surrender to the restorative effects of steam, essential oils, halotherapy, and the soothing force of cold water.

EXPERIENCE

- Finnish Sauna, Turkish Bath, and Bio Sauna – Ranging from gentle heat to aromatherapy, promoting regeneration and energy restoration.
- Salt Room with Himalayan Salt / Infra Sauna – beneficial for respiratory health and allergies.
- Plunge Pool – refreshing cold-water immersion to restore muscles and improve circulation.
- VIP Zone – private jacuzzi, Finnish sauna with sea views, and full attention from our therapists.

Aufguss Program

Sauna experience like never before

- Rhythmic circulation of warm, aromatic air by the sauna master, accompanied by music and contrasted with a plunge into the cold pool, encourages deep relaxation, skin detoxification, and a sense of shared wellness.



TREATMENT ZONE

Awaken the vitality and beauty of your skin with the power of the sea and light.

Rituals of beauty

After deeply restoring body and soul, immerse yourself in a unique experience where the power of sea algae and the therapeutic benefits of light combine in perfect harmony, renewing, hydrating, and protecting your skin, restoring youthful radiance and vitality.

EXPERIENCE

Algotharm Treatments

The only provider in Croatia using products from this prestigious French brand with over 60 years of expertise. Over 90% of ingredients are natural and paraben-free. Healing sea algae provide deep skin regeneration, leaving it visibly soothed, refreshed, and vital.

Bioptron

Light Therapy

- UV-free, safe for all skin types
- Stimulates microcirculation and regeneration
- Calms the nervous system and reduces stress
- Restores skin tone, elasticity, and inner glow



RELAX ZONE

Offer your mind a deep reset and your body a renewed surge of energy.

Silence that heals

Finally, it's time for the mind to find its own peace. Immerse yourself in the quiet of spaces designed for moments of stillness, or relax in the infinity pool with breathtaking sea views.

EXPERIENCE

- **Mindfulness corner** – a space for journaling, meditation, and presence, overlooking the deep blue sea, creating a unique sense of calm and contentment.
- **Vital Bar** – vitamin cocktails, smoothies, and drinks for a natural collagen boost, along with a light gourmet selection – delicious bruschettas, focaccias, and bites that nourish the body without feeling heavy.

Milenij hoteli d.o.o.
V. Cara Emina 6, HR-51410 Opatija
OIB 78796880101

info@amadriapark.hr | www.amadriapark.com