AMADRIA PARK

**GRAND HOTEL 4 OPATIJSKA CVIJETA**

WELLNESS & SPA

# VITA MARIS

CJENIK / PRICE LIST

AMADRIA PARK

# Vita Maris Spa

**Snaga mora. Umjetnost dodira.**
**Ravnoteža duha i tijela.**

Doživite potpuni mir i revitalizaciju u našoj Vita Maris wellness oazi, gdje se prirodna ljepota Jadrana susreće s pomno osmišljenim tretmanima za tijelo i duh. Inspirirani morem i mediteranskim nasljeđem, naši programi osmišljeni su kako bi vam pružili trenutke istinske obnove, opuštanja i unutarnje harmonije.

**The Power of the Sea. The Art of Touch.**
**Balance of Spirit and Body.**

Experience complete peace and revitalization in our Vita Maris wellness oasis, where the natural beauty of the Adriatic meets carefully crafted treatments for body and soul. Inspired by the sea and Mediterranean heritage, our programs are designed to offer you moments of true renewal, relaxation and inner harmony.

## ZONA OPUŠTANJA
## RELAXATION ZONE

**SPA DAY (18+)** 50 €

Korištenje svih sadržaja Vita Maris Spa (bazen, finska sauna, turski kupelj, bio sauna, slana soba s infracrvenim svjetlom, ledena fontana, plunge pool, svježe voće i čaj). Acces to all Vita Maris Spa facilities (swimming pool, Finnish sauna, Turkish bath, bio sauna, salt room with infrared light, ice fountain, plunge pool, fresh fruit and tea)

## TRETMANI ZA TIJELO
## BODY RITUALS

ALGOTHERM | 25 min 60 €
**SWEET AND SALTY BODY SCRUB**

Potpuno prirodan piling tijela koji stimulira osjetila, ostavljajući kožu nježno namirisanom i beskrajno mekom i glatkom. An entirely natural body exfoliation that stimulates the senses, leaving the skin delicately scented and infinitely soft and smooth.

ALGOTHERM | 50 min 130 €
**ANTI JET LAG TREATMENT**

Tretman kombinira ručne tehnike i posebne dodatke za lice i tijelo. Koža postaje punija, ten svježiji, a umor očiju nestaje. Mikrocirkulacija se revitalizira, potiče se eliminacija toksina, a napeti dijelovi tijela se opuštaju. This treatment combines manual techniques and specific accessories on the face and body. The skin is plumped, the tone fresher and eyestrain erased. Microcirculation is revitalized, encouraging the elimination of toxins, and contracted zones are released.

ALGOTHERM | 60 min 150 €
**SEAWEED BODY RELAX TREATMENT**

Primjena morskih algi remineralizira kožu i pomaže u uklanjanju toksina. Ovaj tretman pruža efekt detoksikacije i mršavljenja, a oblog od morskih algi hrani kožu. The seaweed application remineralises the skin and helps to eliminate toxins. This treatment provides a detoxification and weight loss effect, and the seaweed wrap nourishes the skin.

ALGOTHERM | 50 min 120 €
**RELAXING MASSAGE TREATMENT**

Masaža dubokog tkiva za cijelo tijelo, koja kombinira drenažne, energizirajuće i opuštajuće tehnike.
A deep tissue massage for the whole body, combining draining, energizing and relaxing techniques.

# TRETMANI ZA LICE
# FACIAL TREATMENTS

ALGOTHERM | 25 min 76 €
**OCEAN ORIGINS FACIAL**

Ovaj tretman uključuje jednu od dvije ultra ciljane tehnologije, Led i Ultrazvučna tehnologija koji stimuliraju metabolizam stanica za potpunu regeneraciju i reaktivira prirodni proces pomlađivanja tkiva za vidljiv i trenutni učinak liftinga. This treatment includes one of two ultra-targeted technologies, Led and Ultrasound technology that stimulate cell metabolism for complete regeneration and reactivates the natural process of tissue rejuvenation for a visible and immediate lifting effect.

ALGOTHERM | 50 min 110 €
**OCEAN ORIGINS FACIAL**

Tretman koji potiče staničnu aktivnost kože i dubinsku stimulaciju tkiva za regeneraciju I obnavljanje dehidrirane i kože bez sjaja. Nakon njege tretmanom gua sha/ cupping metodom ublažit će se napetost lica i dati osjećaj svježine. Treatment that stimulates cellular activity of the skin and deep tissue stimulation for regeneration and restoration of dehydrated and lackluster skin. After the treatment with the gua sha/ cupping method, tension on the face will be alleviated and it will give a feeling of freshness.

ALGOTHERM | 80 min 150 €
**OCEAN ORIGINS FACIAL**

Profesionalni tretman za učvršćivanje kože, oblikovanje lica i vraćanje blistavosti tena. Dodaci s potpisom pomno su odabrani kako bi pružili prilagođenu dubinsku masažu tkiva za blistaviju kožu koja izgleda vidljivo mlađe. An expert professional treatment to firm the skin, sculpt the face and restore the complexion's radiance. Signature accessories are carefully chosen to provide a bespoke deep tissue massage for more radiant skin that looks visibly younger.

DEEP CLEANSING FACIAL 90 €
**DUBINSKO ČIŠĆENJE LICA**

Temeljito čišćenje koje uklanja nečistoće, dubinski pročišćava pore i obnavlja kožu. Preporučuje se kao priprema za hidratantne ili anti-age tretmane, za vidljivo svjež i blistav ten. A thorough cleansing that removes impurities, deeply purifies the pores, and revitalizes the skin. Recommended as a preparation for hydrating or anti-aging treatments, leaving the complexion visibly fresh and radiant.

# SPECIAL TECH ADD-ON

ALGOTHERM | 15 min 30 €
**LIFT`N 3D**

Inovativni tretman koji koristi ultrazvuk s mikro strujom i Led svjetlom koji potiču kožu da apsorbira oksigenirajuće i hidratantne aktivne sastojke, a kao rezultat toga koža postaje čvršća i otpornija. Innovative treatment that uses ultrasound with micro current and led light to encourage the skin to absorb oxygenating and moisturizing active ingredients, and as a result the skin becomes firmer and more resistant.

15 min 30 €
**LED BEAUTY MASK**

Specijalizirani tretman infracrvenim svjetlima potiče prirodnu proizvodnju kolagena, zateže opuštenu kožu, smanjuje bore i fine linije, tretira akne i upale. Pomladite se i osvježite našom LED maskom. Specialized treatment with infrared lights stimulates the natural production of collagen, tightens sagging skin, reduces wrinkles and fine lines, treats acne and inflammation. Rejuvenate and refresh with our LED Beauty Mask Treatment.

# SPECIAL TREATMENT ADD-ON

ALGOTHERM | 15 min 38 €
**DERMO LOUNGE OCEAN EYES**

Tretman lica posebno dizajniran za umorne oči. Proces koji nježno rasteže kožu oko očiju, koristeći osvježavajuće krioglobuse za stimulaciju područja, uklanjanje začepljenih podočnjaka i poticanje cirkulacije. Facial treatment, specifically designed for tired eyes. A proces that gently stretches the skin around the eyes, using refreshing cryoglobes to stimulate the area, decongest dark circles and boost circulation.

BIOPTRON 30 €
**SVJETLOSNI TRETMAN / LIGHT THERAPY**

Tretman nježno revitalizira kožu, smanjuje znakove stresa i vraća harmoniju tijela i duha. Posebna svjetlost, nalik sunčevoj, ali bez UV zračenja, potiče mikrocirkulaciju i stanične procese, prodire duboko te vraća koži tonus, elastičnost i zdrav sjaj. Rezultat je osvježena, zategnuta i umirena koža. The treatment gently revitalizes the skin, reduces signs of stress, and restores harmony to body and mind. Special light, similar to sunlight but without UV radiation, stimulates microcirculation and cellular processes, penetrates deeply, and restores the skin's tone, elasticity, and healthy glow. The result is refreshed, firm, and soothed skin .

# MASAŽE
# MASSAGE

ALGOTHERM | 30 min / 50 min 60 € / 85 €

**VITAL STRENGHT MASSAGE**

Prepustite se stručnim rukama terapeuta i opustite tijelo i um posebno odabranim uljima i stručnim pokretima koje će potaknuti cirkulaciju i osloboditi vas stresa. Stimulacijom tkiva smanjite nivo kortizola, potaknite cirkulaciju i vratite energiju Vašem tijelu.
Indulge in the expert hands of a therapist and relax your body and mind with specially selected oils and professional movements that will stimulate circulation and relieve you of stress. By stimulating tissues, you reduce cortisol levels, stimulate circulation and restore energy to your body.

ALGOTHERM | 30 min / 50 min 60 € / 85 €

**ESSENCE OF VITA**

Odaberite svoj mediteranski miris (citrusi, lavanda, smilje ill mandarina) i aromaterapijom uklonite stres. Pomno odabrana esencijalna ulja ublažavaju eventualne tegobe, vračaju vitalnost i regeneriraju kozu. Choose your mediterranean scent (citrus, lavender, immortelle or mandarin) and remove your stress with aromatherapy. Carefully selected essential oils will reduce ailments, restore your vitality and regenerate the skin.

30 min 60 €

**DE STRESS MASSAGE**

Opuštajuća masaža vrata, glave i vlasišta, pomaže kod pojačanog stanja stresa, napetosti i glavobolje.
Relaxing neck, head and scalp massage relieves stress, tension and headaches.

60 min 100 €

**COCOA BLISS**

Senzibilna masaža toplom čokoladom potiče lučenje hormona sreće, podiže raspoloženje i osjećaj zadovoljstva. Pomladite se prirodnom kombinacijom antioksidansa, vitamina i proteina uz nezaboravan osjećaj tople čokolade na svom tijelu. Sensitive hot chocolate massage stimulates the secretion of happiness hormones raising mood and a feeling of satisfaction. Rejuvenate yourself with a natural combination of antioxidants, vitamins and proteins with an unforgettable sensation of hot chocolate on your body.

50 min 95 €

**OCEAN STONES CEREMONY**

Masaza vrućim kamenjem s Balija i esencijalnim uljima. Djeluje duboko na mišiće, opušta cijelo tijelo i daje koži intenzivnu hidrataciju. Hot stone massage with stones from Bali and essential oils. It acts deeply on the muscles, relaxes the whole body and gives the skin intense hydration.

90 min 160 €

**AMADRIA PARK LUXURY MASSAGE**

Masaža ekskluzivnim uljima prilagođena Vašim individualnim potrebama. Vraća tijelo u ravnotežu, regenerira kožu, ublažava stres i vraća osmjeh na lice.
Massage with exclusive oils tailored to your individual needs. It restores the body to balance, regenerates the skin, relieves stress and puts a smile back on your face.

# ZONA REKREACIJE
# RECREATION ZONE

Fitness zona besplatna je za sve goste Grand hotela 4 Opatijska cvijeta, kao i grupni treninzi uz prethodnu najavu.

The fitness area is free of charge for all guests of the Grand Hotel 4 Opatijska Cvijeta, as well as group workouts with prior reservation.

## PERSONAL FIT EXPERIENCE

60 min 30 €

**POWER ZONE**

Simulacija raznih cikličkih gibanja uz individualni pristup. Simulation of various cyclical movements with an individual approach.

90 min 50 €

**SERENITY FLOW**

Prilagođene vježbe za opuštanje, dostupno i kongresnim gostima. Customized relaxation exercises, also available to conference guests.

90 min 50 €

**ACTIVE GRACE**

Vježbe za mobilnost, ravnotežu i vitalnost. Exercises for mobility, balance, and vitality.

## KIDS PERSONAL FIT EXPERIENCE

60 min 30 €

**VITAL KIDS**

Igre, glazba, sport, štafetne aktivnosti i nordijsko hodanje prilagođeno najmlađima. Games, music, sports, relay activities, and Nordic walking adapted for the youngest participants.

60 min 30 €

**MOTION TEENS**

Trening na spravama, elementi sportova i nordijsko hodanje. Machine training, elements of sports, and Nordic walking.

# VIP ZONA
# VIP ZONE

## VITA MARE PRIVÉ

Odvojite trenutak za sebe ili ga podijelite sa dragom osobom. Uživajte u privatnosti i potpunom opuštanju uz ekskluzivni boravak u Vita Mare Privé sobi uz mirise eteričnih ulja, nježne zvuke i pogled koji umiruje. Obogatite svoj boravak izborom masaža i tretmana iz našeg Spa menija, zaokružujući iskustvo prema vlastitim željama. Take a moment for yourself or share it with someone special. Enjoy complete privacy and total relaxation with an exclusive stay in the Vita Mare Privé room, accompanied by soothing scents of essential oils, gentle sounds, and a calming view. Enhance your stay with a selection of massages and treatments from our Spa Menu, rounding out the experience according to your personal desires.

## VAŠ VIP BORAVAK UKLJUČUJE
/ YOUR VIP STAY INCLUDES

Privatna Finska sauna / Private Finnish sauna
Ekskluzivni jacuzzi / Exclusive jacuzzi
Prostor za odmor i uživanje s pogledom na more
/ Relaxation and leisure area with a sea view

## CJENIK / PRICE LIST

| | |
|---|---|
| Cijeli dan / Full day | 240 € / (za dvoje / for two) |

* Korištenje VIP Zone moguće je tijekom radnog vremena Vita Maris Spa. / Use of the VIP Zone is limited to Vita Maris Spa's opening hours.

* Masaže i tretmani dostupni uz prethodnu rezervaciju iz Spa menija. / Massages and treatments available by prior reservation from the Spa Menu.

* Mogućnost narudžbe jela i pića iz ponude.
/ Option to order food and drinks from our selection.

# SPA & WELLNESS KUĆNI RED
# SPA & WELLNES RULES

### Dobna ograničenja / Age limit

Korištenje SPA & Wellness centra dozvoljeno je isključivo osobama starijima od 18 godina. Use of the SPA & Wellness center is permitted exclusively for guests aged 18 and over.

### Spa & wellness dress code

Dozvoljen je ulazak u saune bez kupaćeg kostima uz obavezno korištenje ručnika. Imajte na umu da naše saune zajednički koriste žene i muškarci. U svim ostalim spa zonama mora se nositi kupaći kostim. Entry to the sauna without a bathing suit is permitted, however a towel must be used. Please note that our saunas are mixed gender. In all other spa areas a bathing suit must be worn.

### Tuširanje / Showering

Tuširanje je obavezno prije ulaska u bazen, Jacuzzi i saune i ako je potrebno i prije tretmana. Showering is compulsory prior to entering the pool, Jacuzzi and sauna, and prior to treatment if required.

### Rezervacija termina / Appointment booking

Kako biste odabrali željeni termin za tretmane molimo Vas kontaktirajte wellness recepciju najmanje dan prije željenog termina. To book an appointment for a treatment, please contact the wellness reception at least one day in advance.

### Otkazivanje termina / Appointment cancellation

Rezervirani tretman može se odgoditi najmanje 3 sata prije zakazanog termina, u suprotnom klijent snosi 50% od cijene tretmana. A booked treatment may be cancelled up to three hours before the scheduled appointment, otherwise the client is required to pay 50% of the treatment price.

### Dolazak na tretman / Preparing for treatment

Molimo da dođete 10 min prije zakazanog termina, kako biste imali dovoljno vremena da se pripremite za tretman. Please arrive 10 minutes before your appointment so that you have sufficient time to prepare for treatment.

### Plaćanje / Payment

Recepcija wellness centra prihvaća većinu kreditnih kartica te gotovinu za plaćanje. Svi hotelski gosti imaju mogućnost korištene usluge teretiti na račun sobe te platiti prilikom odlaska. The wellness centre reception accepts payment in the form of all major credit cards and cash. Hotel guests may charge utilised services to their room and pay upon check-out.

### Za vašu udobnost / For your comfort

Wellness center je područje tišine, te poziva na opuštanje i mir. Pušenje i konzumacija alkoholnih pića nije dopuštena u unutarnjem prostoru wellness centra, osim na wellness terasi. The spa centre is an area of tranquility, for relaxation and unwinding. Smoking and alcoholic beverages are not permitted inside the wellness centre except on the wellness terrace.

Milenij hoteli d.o.o.
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